BASED ON THE MYTHOS OF S. PLATH

Being of sound mind but rotten mood, instead of writing my last will and testament I'm scratching a credo onto my bathroom mirror:

Do not kill yourself unless that's what you want to be remembered for.

Do not speak ill of anyone who might retaliate by smashing the mirror.

Do not feed a child the truth before admitting it's always the mother's fault.

Don't think happiness will improve your poetry.