

A Student Journal in Recreation, Parks, and Leisure Studies

Volume 10, Issue 1, 2012

ISSN: 2158-9070 online

Indiana University, Department of Recreation,

Park, and Tourism Studies

Illuminare: A Student Journal in Recreation, Parks, and Leisure Studies

Volume 10, Issue 1, 2012 ISSN: 2158-9070 online





Originally established in 1992, the *Illuminare* quickly became a well-recognized, refereed journal within our field, created and managed by students of the Indiana University's Department of Recreation, Park, and Tourism Studies. The *Illuminare* was the result of a collective vision of these students and founding advisor Dr. Ruth Russell, who saw a need to provide a platform for student publications in the field of leisure services in order to gain a sense of professionalism, share ideas, and promote student work.

The journal's name, *Illuminare*, is derived from the Latin llūminō and means to light the way, illustrate, or inform. Aptly, it corresponds with the overall purpose of the journal:

The Illuminare strives to light the way by reviewing, encouraging, and assisting students in efforts to publish and participate in the publishing process, and to inform by distributing and sharing student research in the field of parks, recreation, tourism, or leisure studies.

The journal had nearly a decade of success as a hard-copy publication and during the 2010-2011 academic year transitioned into an online, open access student journal. The journal continues to be a peer-reviewed and publishes research in five core areas of leisure studies: Recreational Sport Administration, Park and Recreation Management, Outdoor Recreation, Therapeutic Recreation, and Tourism Management.

Editors	Associate Editors	Topic Editors	Faculty Advisor
Austin R. Anderson	Jasmine N. Townsend	Jessie L. Bennett	Marieke Van Puymbroec
Lauren N. Duffy	Wei Wang	Catharine F. Bishop	
		Jillisa R. Overholt	Department Chair
		Jill R. Sturts	Bryan P. McCormick
		Ye Zhang	·
Reviewers			
Kayode D. Aleshinloye	Brent Hawkins	Chad Kooistra	Nathan Reigner
Hamed Al-Muhrzi	Ana Elia R. Hildago	Kimberly Lopez	Laurel Richmond
Stephanie Benjamin	Ryan Howard	Victor Martin	Annie Strike
Michael Bradley	Cheng Ming Hu	Karen Melton	Alysha Walter
Steven Foy	Kyoung Tae Kim	Susan Parker	Frank Vernon
Alexia Franzidis	Whitney Knollenberg	Joseph Pate	
Vincent Frascella	Anne-Sophie F Knudsen	Peter Pettengill	

Online Publication Date: April 13, 2012

Publication details, instructions for authors, and subscription information can be found at http://scholarworks.iu.edu/journals/index.php/illuminare/

Articles in this publication of the Illuminare: A Student Journal in Recreation, Parks, and Leisure Studies may be reproduced if 1) Used for research and educational purposes only, 2) Full citation (author, title, Illuminare, Indiana University, Vol. #, Issue #) accompanies each article, 3) No fee or charge is assessed to the user. All articles published in the Illuminare are open-access articles, published and distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 United States License.



Volume 10	Issue 1	2012
CONTENTS		PAGE
Letter from the Editors		i
ARTICLES		
	Recreation discipline in Public Health	
0	nstructors Employed in Wilderness-B grams: A Review of Literature Tim	
Knowledge, Aware	tal Educator Training Workshop on leness, and Teaching Self-Efficacy	28



Letter from the Editors

Welcome to the Illuminare!

The *Illuminare:* A Student Journal in Parks, Recreation, and Leisure Studies has had another successful year with many thanks going out to all those involved in the 2011-2012 publication. Last year the Illuminare Editorial Board undertook the task of converting the Illuminare into an online, open access journal through a partnership with IU ScholarWorks. Since the 2010-2011 volume was published online, the journal has received over 7,000 page visits that are located in over 61 countries worldwide. As such, these numbers do not reflect direct .pdf downloads from Google Scholar and other search engines, but actual exploration within our website with an average user time of approximately three and half minutes. To us, these numbers support our decision to move to an online, open access platform as we can see that the dissemination of our journal has been extensive.

The Illuminare Editorial Board has achieved many milestones in moving the publication forward this year. One of the most challenging tasks has been to move the reviewing process into the Open Journal System software provided by IU ScholarWorks. In doing so, every step of the reviewing process can be tracked and documented, allowing for a more standardized and efficient process. In addition to the Co-Editor Positions for the journal, this year we added two Associate Editor Positions which added further depth to the Illuminare Editorial Board. Other achievements include revisions in the Illuminare Handbook, uploading back volumes of the Illuminare to the new website, and participation in an invited panel presentation through the IU Digital Library Program.

First and foremost, we would like to thank our team of Reviewers and Topic Editors for their hard work and patience in learning the OJS software, and working with us to make that a better process in upcoming years. Additionally, we would like to thank our faculty advisor Dr. Marieke Van Puymbroeck for her guidance and expertise. We are also grateful for the support from our Department Head, Dr. Bryan McCormick and the faculty of the Department of Recreation, Park, and Tourism Studies in the School of Health, Physical Education, and Recreation at Indiana University. In addition, thanks go to Donna Byers for her impeccable financial organization as well as Barbara Duffy for her visual graphics. Finally, we are tremendously thankful to Jennifer Laherty, Head of IU ScholarWorks, and Jim Halliday, Digital Library Programmer for IU ScholarWorks for their technical guidance and support once again.

The Illuminare Editorial Board

Austin Anderson Lauren Duffy Jasmine Townsend Wei Wang