

Saint-Brieuc NIDCAP Training Center

Saint-Brieuc – Paimpol – Treguier Hospital Center, Saint-Brieuc France

DOI: 10.14434/do.v17i3.39758

The Saint-Brieuc unit has 25 beds for preterm infants and newborns, 12 for intensive care and 13 for neonatology. It also has parent rooms.

From 2001 to 2008, many members of the team benefited from the "Introduction to developmental care" training, delivered by Drs Sizun and Ratynski in Brest, the first NIDCAP Training Center in France. This two-day training, coupled with the actions of various interdisciplinary working groups (postures, sensory environment, presence of parents and siblings, pain, carrying, reading, breastfeeding, preparation for discharge, etc.) allowed for joint reflection by the team, which then committed to a philosophy of infant and family centered care.

In 2010, the Brittany Regional Health Agency financed the NIDCAP implementation. Five registered nurses and one doctor began their NIDCAP training observations, and were certified NIDCAP professionals by 2013. A full-time equivalent position was dedicated to NIDCAP coordination in developmental care. All infants born before 33 weeks of gestation benefit from NIDCAP observations.

At the same time, the maternity and neonatal intensive care units achieved certification from the Baby-Friendly Hospital Initiative. Two new professionals were trained in NIDCAP® observations, and certified in 2017.

The team also continues with various training courses to improve the support for infants and their families. These were SOFFI training (Support of Oral Feeding in Fragile Infants),

and the NBO training (Newborn Behavioral Observation). During team meetings, the local parent's association "Bébés en Avance" is contacted. This enables the service projects to be carried out in consultation with parents whose babies have been hospitalized within the unit.

With the NIDCAP being established within our NICU, Saint-Brieuc Hospital supported Ms. Guillou for her NIDCAP trainer training project. She was trained for three years by Delphine Druart, Belgian Master Trainer, under the supervision of Agneta Kleberg (Swedish Master Trainer) and Deborah Buehler (President of the NIDCAP Federation International, NIDCAP and APIB Master Trainer). Ms. Guillou brought two of her colleagues to the NIDCAP professional certification. At the same time, she undertook the NBO trainer training with Professor Sizun (NBO Trainer, Toulouse University Hospital) and Isabelle Olivard (NBO Trainer, Brest University Hospital).

The Saint-Brieuc NIDCAP Training Center opened in January 2024. It has a collaboration with the already existing Training Centers in Brest and Toulouse, and that of Valenciennes which also opened recently. This had allowed the continuation of the expansion in French neonatology units of this philosophy of preterm infant and family centered care. This dissemination is supported and reinforced by collaborative work between the different Training Centers, experts from the NIDCAP Francophone Association and SOS Préma Association.



Saint-Brieuc NIDCAP Training Center Team

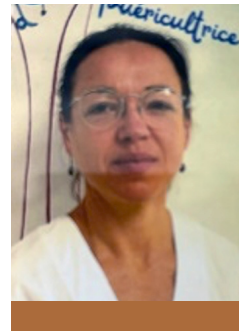
Saint-Brieuc NIDCAP Training Center Team

Group photo (above), From left to right :

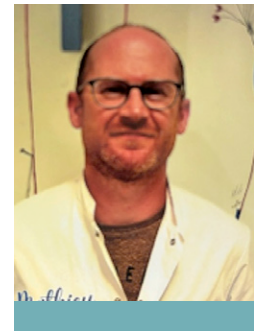
- Mme Robin-Bregeon Marie-Noelle, Administrative Manager of St Brieuc NIDCAP Training Center
- Dr. Andro-Garçon Marie-Cécile, MD, NIDCAP Professional and director of St Brieuc NIDCAP Training Center
- Mme Guillou Aurélie, RN and NIDCAP and NBO Trainer aurelie.guillou@armorsante.bzh
- Mme Coer Manuella, RN and NIDCAP Professional
- Mme Josse Anne-Claire, RN and NIDCAP Professional
- Mme Le Clec'h Aurélie, RN and NIDCAP Professional



Mme Collet Cécile, RN and NIDCAP Professional and NBO



Mme Faijan Céline, RN and NIDCAP Professional and NBO

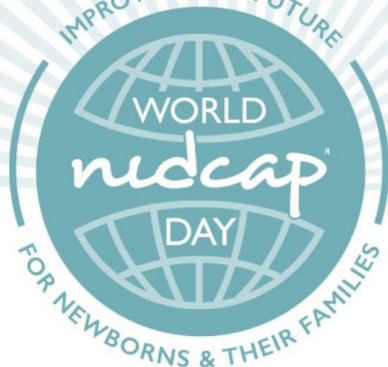


Mathieu, NICU head-nurse and NIDCAP Professional

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