

## Embracing Reflection



In this edition, we explore the powerful theme of reflection, presenting articles that prompt thoughtful consideration of both clinical practice and personal experience. Joy Browne offers a heartfelt reflection on the pioneering work of Stanley Graven in newborn care, shedding light on his lasting

impact on the field. Similarly, Emily Fawaz shares a deeply personal account of her time in the NICU with her twin boys, encouraging readers to reflect on how caregiving can shape both outcomes and experiences.

The theme of reflection extends to Jeff Alberts Science Desk column, where readers are invited to contemplate the role of the cerebral cortex in developmental care, a topic that challenges us to rethink traditional approaches. Inga Warren and Kaye Spence further contribute by providing a practical

model for integrating reflection into the care of newborns and their families, offering valuable tools for everyday practice.

As we look ahead to the upcoming NIDCAP Trainers Meeting in Toulouse, I encourage you to embrace reflection as an integral part of the learning process. The program promises to be dynamic, and the networking opportunities will be invaluable. Participants could consider keeping a journal to capture your insights, ensuring that you can apply your reflections to enhance your practice upon returning home.

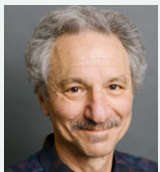
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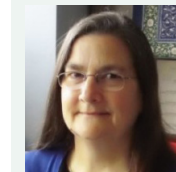
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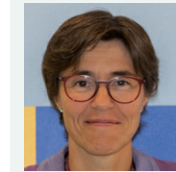
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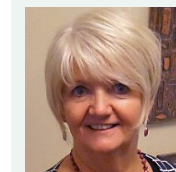
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