Newborn Individualized Developmental Care (NIDCAP) is the *gold standard* of early intervention training. Unfortunately, despite intense efforts to disseminate this program, the training is not accessible to a large proportion of neonatal professionals due to high costs, duration of the training, and supportive systems organization.

**Aims/Purpose**

To offer different types and levels of training for neonatal professionals.

**Methods**

Training programs have been selected if the intervention is cue-based and family-centered, has an acceptable level of evidence and is in agreement with the NIDCAP philosophy. The Brest training center is offering:

- **Introduction to patient- and family-center developmental care** (two days) created by Nathalie Ratynski and Jacques Sizun in 2000.

- **Family and Infant Neuro-developmental Education**¹ (FINE) (level II: practical skills) created by Nikk Conneman, Monique Oude Reimer, Esthervan der Heijden and Inga Warren (12 weeks)

- **The Support of Feeding for Fragile Infants** (SOFFI)² (two days) created by Erin Ross and Kathleen Philbin

- **The Newborn Behavioral Observation** (NBO)³ (two days) a clinical relationship-building tool derived from the Newborn Behavioral Scale (NBAS, Yvette Blanchard as trainer)

- **The Infant Behavioral Assessment and Intervention Program** (IBAIP)⁴ (three one-week sessions during one year) created and trained by Rodd Hedlund (part of a randomized controlled trial)

**Results/Findings**

- Short training programs could be considered as an introduction to the NIDCAP Training;

- Thousands of professionals from French-speaking NICUs (level II or III), maternity units or follow-up clinics or private medical offices have been trained with a high satisfaction level;

- This catalogue offers an opportunity to reach people working outside the level III NICUs; and

- Short courses trainers could be future candidates to become NIDCAP trainers

**Conclusion**

This strategy participates to the financial stability, the independence and the sustainability of the Brest NIDCAP Training Center.

**References:**

1. [www.bliss.org.uk/health-professionals/training-and-events/the-fine-programme](http://www.bliss.org.uk/health-professionals/training-and-events/the-fine-programme)

