



Potsdam College of SUNY

STUDENT ALCOHOL QUESTIONNAIRE^a and the ALCOHOL ATTITUDE QUESTIONNAIRE^b



Indiana University

We are conducting a national study of college students' knowledge, attitudes and behaviors concerning alcohol and hope that you will volunteer to complete this questionnaire. DO NOT write your name on this questionnaire as we wish to retain your anonymity.

Demographics put in first 8 spaces

FILL IN THE NUMBER WHICH APPLIES TO YOU IN THE BOX BESIDE THE QUESTION.

- 1. Your sex: 1. Male 2. Female [9]
2. Your age: (write in) [10-11]
3. Your major: 1. Social science 2. Arts and Humanities 3. Psychology 4. Pre-social work 5. Nursing 6. Pre-law 7. Education 8. Pre-med 9. Forensic studies 10. Health sciences/Education 11. Physical sciences 12. Physical education 13. Engineering 14. Religion 15. other (write in) [12]
4. Year in School: 1. Freshman 2. Sophomore 3. Junior 4. Senior 5. Graduate 6. other (write in) [13]
5. Grade Point Average (4.0="A", 3.0="B", etc.): 1. 4.0 2. 3.5 3. 3.0 4. 2.5 5. 2.0 6. under 2.0 [14]
6. Race: If you have Scottish or Irish ancestry, please circle the appropriate one. Scottish Irish 1. White or Caucasian 2. Black or Afro-American 3. Spanish American 4. Oriental or Asian American 5. Native American (Indian) 6. Foreign Student 7. Other (write in) [15]
7. In what religion were you raised? 6= Muslim 7= Buddhist 1. Roman Catholic 2. Jewish 3. Protestant (religion allows drinking of alcoholic beverages) 4. Protestant (religion does not allow drinking) 5. None or other (write in) [16]
8. How important is religion to you? 1. Very important 2. Moderately important 3. Mildly important 4. Not important [17]

WE WOULD LIKE TO ASK YOU ABOUT YOUR DRINKING PATTERNS

- 9. Let's take beer first. How often, on the average, do you usually have a beer? (If you do not drink beer at all, go to question 11.) [18]
1. every day
2. at least once a week but not every day
3. at least once a month but less than once a week
4. more than once a year but less than once a month
5. once a year or less
10. When you drink beer, how much, on the average, do you usually drink at any one time? [19]
1. more than 1 six pack (6 or more cans or tavern glasses)
2. 5 or 6 cans of beer or tavern glasses
3. 3 or 4 cans of beer or tavern glass
4. 1 or 2 cans of beer or tavern glasses
5. less than 1 can of beer or tavern glass
11. Now let's look at table wine. How often do you usually have wine? (If you do not drink wine at all, go to question 13.) [20]
1. every day
2. at least once a week but not every day
3. at least once a month but less than once a week
4. more than once a year but less than once a month
5. once a year or less

12. When you drink wine, how much, on the average, do you *usually* drink at any one time?
1. over 6 wine glasses
 2. 5 or 6 wine glasses
 3. 3 or 4 wine glasses
 4. 1 or 2 wine glasses
 5. less than 1 glass of wine

13. Next we would like to ask you about liquors and spirits (whiskey, gin, vodka, mixed drinks, etc.).
 How often do you *usually* have a drink of liquor? (If you do not drink liquor at all, skip questions 13 and 14.)
1. every day
 2. at least once a week but not every day
 3. at least once a month but less than once a week
 4. more than once a year but less than once a month
 5. once a year or less

14. When you drink liquor, how many drinks, on the average, do you *usually* drink at any one time?
1. over 6 drinks
 2. 5 or 6 drinks
 3. 3 or 4 drinks
 4. 1 or 2 drinks
 5. less than 1 drink

The following are common results of drinks that other students have reported. If you have never had a drink at all, go to question 33. If you currently drink or have ever drunk in the past, put the number corresponding to the **frequency** of the occurrences in the box beside it.

1. at least once in the past two months and at least one additional time during the past year.
2. at least once within the past two months but not during the rest of this past year.
3. not during the past two months but at least once during the past year.
4. has happened at least once in my life but not during the past year.
5. has not happened to me.

- | | | | |
|---|--------------------------|--|--------------------------|
| 15. had a hangover | <input type="checkbox"/> | 25. had trouble with the law because of drinking | <input type="checkbox"/> |
| 16. gotten nauseated and vomited from drinking | <input type="checkbox"/> | 26. lost a job because of drinking | <input type="checkbox"/> |
| 17. driven a car <i>after</i> having several drinks | <input type="checkbox"/> | 27. got a lower grade because of drinking too much | <input type="checkbox"/> |
| 18. driven a car when you knew you had too much to drink | <input type="checkbox"/> | 28. gotten in trouble with school administration because of behavior resulting from drinking too much. | <input type="checkbox"/> |
| 19. driven a car <i>while</i> drinking | <input type="checkbox"/> | 29. gotten into a fight after drinking | <input type="checkbox"/> |
| 20. come to class after having several drinks | <input type="checkbox"/> | 30. thought you might have a problem with your drinking | <input type="checkbox"/> |
| 21. "cut a class" after having several drinks | <input type="checkbox"/> | 31. damaged property, pulled a false fire alarm, or other such behavior after drinking | <input type="checkbox"/> |
| 22. missed a class because of a hangover | <input type="checkbox"/> | 32. participated in a drinking game | <input type="checkbox"/> |
| 23. arrested for DWI (Driving While Intoxicated) | <input type="checkbox"/> | | |
| 24. been criticized by someone you were dating because of your drinking | <input type="checkbox"/> | | |

33. How often on the average do you smoke cigarettes?
1. every day
 2. at least once a week
 3. at least once a month
 4. at least once a year
 5. less than once a year or not at all

34. When you smoke, how many cigarettes do you smoke per occasion? (write in)

WE WOULD NOW LIKE TO ASK YOU FOR SOME INFORMATION ABOUT ALCOHOL

The questions will either be TRUE or FALSE. If you do not know the answer to the question, **DO NOT GUESS**. Mark a "0" in the box.

If you think the answer is **TRUE**, write "1" for true.
If you think the answer is **FALSE**, write "2" for false.
If you **do not know** the answer, write "0" in the box.

35. Drinking milk before drinking an alcoholic beverage will slow the absorption of alcohol into the body.
36. Wines are made by fermenting grains.
37. Alcoholic beverages do not provide weight-increasing calories.
38. In America, drinking is usually considered an important socializing custom in business, for relaxation and for improving interpersonal relationships.
39. Gulping of alcoholic beverages is a commonly accepted drinking pattern in this country.
40. Alcohol is usually classified as a stimulant.
41. Alcohol is not a drug.
42. A blood alcohol content of 0.1% is the legal definition of alcohol intoxication in most states, in regards to driving.
43. Approximately 10% of fatal highway accidents are alcohol related.
44. Alcohol was used for centuries as a medicine in childbirth, for sedation and surgery.
45. Table wines contain from 2-12% alcohol by volume.
46. It is estimated that approximately 85% of the adult Americans who drink misuse or abuse alcoholic beverages.
47. Many people drink to escape from problems, loneliness and depression.
48. Liquor mixed with soda pop will affect you faster than liquor drunk straight.
49. The most commonly drunk alcoholic beverage in the United States are distilled liquors (whiskey, gin, vodka).
50. A 150 pound person, to keep his blood alcohol concentration below the legally intoxicated level, would have to drink fewer than 3 beers in an hour.
51. A person cannot become an alcoholic by just drinking beer.
52. To prevent getting a hangover, one should sip one's drink slowly, drink and eat at the same time, space drinks over a period of time, and not drink over one's limit.
53. Responsible drinking can result in relaxation, enhanced social interactions, and a feeling of well-being.
54. Distilled liquors (whiskey, gin, vodka, etc.) usually contain about 15-20% alcohol by volume.
55. Moderate consumption of alcoholic beverages is generally *not* harmful to the body.
56. It takes about as many hours as the number of beers drunk to completely burn up the alcohol ingested.
57. An ounce of whisky contains about 60 calories.
58. Many people drink for social acceptance, because of peer group pressures, and to gain adult status.
59. A blood alcohol concentration of .02% causes a person to be in a stupor.
60. Liquors such as gin, scotch and whiskies are usually distilled from mashes made from fermenting grains.

- 61. Proof on a bottle of liquor represents half the percent of alcohol contained in the bottle.
- 62. The United States lacks a national consensus on what constitutes the responsible use of alcoholic beverages.
- 63. There is usually more alcoholism in a society that accepts drunken behavior than in a society that frowns on drunkenness.
- 64. Beer usually contains from 2-12% alcohol by volume.
- 65. Eating while drinking will have no effect on slowing down the absorption of alcohol in the body.
- 66. Drinking coffee or taking a cold shower can be an effective way of sobering up.
- 67. Wines throughout history have been commonly drunk at religious ceremonies and family gatherings.
- 68. Drinking of alcoholic beverages has been common in the U.S.A. since the Puritans first settled here.
- 69. Alcohol has only been used in a very few societies throughout history.
- 70. Liquor taken straight will affect you faster than liquor mixed with water.

WE WOULD NOW LIKE TO ASK YOU ABOUT SOME OF YOUR FEELINGS ABOUT DRINKING

- 71. Who were you with when you had your first drink?
 - 1. alone 2. friends 3. a date 4. parents 5. brother(s)/sister(s) 6. other relative
 - 7. other adults 8. never had a drink 9. had first drink with some other person
- 72. Did your mother know about it?
 - 1. yes 2. no 3. never had a drink.
- 73. Did your father know about it?
 - 1. yes 2. no 3. never had a drink.
- 74. Have you ever drunk alcoholic beverages of any kind with either of your parents?
 - 1. yes 2. no
- 75. Do you ever drink alone?
 - 1. yes 2. no
- 76. Who do you usually drink with most often?
 - 1. friends 2. parents 3. brother(s)/sister(s) 4. other relative 5. alone
 - 6. a date 7. never drink 8. some other person _____ (write in)
- 77. Would you drink alcohol if there were no social pressures to do so?
 - 1. yes 2. no
- 78. Would your father approve of your present drinking habits assuming he knew about them?
 - 1. yes 2. no
- 79. Would your mother approve?
 - 1. yes 2. no
- 80. Would you feel uneasy about acknowledging your use of alcohol to a person whom you knew didn't approve of its use?
 - 1. yes 2. no
- 81. Do you believe, or have you ever believed, that God would be displeased with you if you drink?
 - 1. yes 2. no
- 82. During the past year have you used a fake or altered "ID" to obtain an alcoholic beverage ? 1. yes 2. no
- 83. During the past year have you been a member or pledge of a social fraternity/sorority ? 1. yes 2. no
- 84. After drinking during the past year did you force someone, or were you forced, to have sex ? 1. yes 2. no

Thank you for your help