



Introduction to SPSS

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Section 1

Introductions

Introductions

- **Biostatistics Consulting Center**, School of Public Health --- biostats.indiana.edu



Professional statisticians for health-related research. Free consulting Tu/Th 10-12 @ SSRC.

- **Social Science Research Commons** --- ssrc.indiana.edu
- **Research Analytics**, UITS RT --- <https://rt.iu.edu/>
- **Indiana Statistical Consulting Center**, --- iscc.indiana.edu
- **Center for Survey Research** --- csr.indiana.edu



Software

- **SPSS** – easy “point & click”, good for most “off the shelf” analyses
- **SAS** – syntax code, industry standard, public health,...
- **R** – syntax code, free & flexible
- **STATA** – syntax w/ “point & click”, political science, sociology,...
- **JMP** – “point & click”, good mix of stats and graphs – good for exploring data
- **MATLAB** – powerful numerical computing, matrix manipulations



Software Acquisition

- **Purchase** SPSS (\$100) or JMP (\$50) from Research Analytics --- <https://kb.iu.edu/d/bfhv>
 - Download from **luware.iu.edu**
- **IUanyWare.iu.edu**
 - Free software, streaming online
 - Download the Citrix Workspace (or use the “light” version in the browser)
- **cloudstorage.iu.edu**

Link your preferred storage and have access to your files from campus computers and apps.

 - Box.iu.edu
 - Dropbox
 - File server



Practice Project: Local Food in Indiana

Comparing consumers (n=302) who purchase food 1 of 3 places in their motivations towards local food.

- Farmer's Markets,
- CSA's (Community Supported Agriculture), or
- Neither.

Shoppers were surveyed at the Farmer's Market, CSA members, and public.

Thank you to James Farmer (SPH) for sharing his data.



Section 2

Getting Started in SPSS

Open SPSS

- Double-click an SPSS data file (.sav)
- Or, Open SPSS first
 - and open an SPSS data file
 - Or Import an Excel or .csv file.
- ✓ Open 'CSA Farmer Market.sav'

Data View

- Columns are 'Variables'
- Rows are subjects, or 'Observations'
- (Usually one row per subject...)

Visible: 27 of 27 Variables

ORG	Q1MOTFEW CHEM	Q1MOTFRES H	Q1MOTNU...	Q1MOTANIM HUMA	Q1MOTANIH ORMONE	Q1MOTEXPE NSE	Q1MOTWHO LE	Q1MOT100M LES	Q1MOT SOM
4.00		4.00	4.00	5.00	5.00	4.00	4.00	4.00	
4.00	5.00	4.00	5.00	5.00	5.00	4.00	4.00	4.00	
5.00	5.00	4.00	5.00	5.00	5.00	2.00	5.00	4.00	
5.00	5.00	5.00	5.00	5.00	5.00	4.00	4.00	5.00	
4.00	4.00	5.00	4.00	5.00	4.00	3.00	2.00	2.00	
6	1.00	4.00	5.00	4.00	5.00	1.00	4.00	4.00	
7	3.00	3.00	3.00	4.00	2.00	3.00	4.00	2.00	3.00
8	1.00	4.00	4.00	4.00	5.00	4.00	1.00	5.00	5.00
9	2.00	5.00	5.00	5.00	5.00	5.00	1.00	4.00	5.00
10	2.00	4.00	2.00	4.00	4.00	.00	2.00	4.00	3.00
11	2.00	4.00	5.00	5.00	4.00	5.00	5.00	4.00	5.00
12	1.00	4.00	5.00	4.00	4.00	5.00	4.00	2.00	5.00
13	1.00	4.00	3.00	3.00	4.00	3.00	4.00	3.00	4.00

IBM SPSS Statistics Processor is ready



Variable View

- Type (Numeric, String)
- Label
- Values
- Missing
- Measure (Nominal, Scale, Ordinal)

*CSA Farmer Market reduced SD.sav [DataSet1] - IBM SPSS Statistics Data Editor

File Edit View Data Transform Analyze Graphs Utilities Add-ons Window Help

	Name	Type	Width	Decimals	Label	Values	Missing	Columns	Align	Measure
1	VENUETYPE	Numeric	8	2		{1.00, CSA}...	None	9	Right	Nominal
2	Q1MOTORGANIC	Numeric	8	2	Purchasing organi...	{1.00, stron...	.00	8	Right	Scale
3	Q1MOTFEWCHEM	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
4	Q1MOTFRESH	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
5	Q1MOTNUTR	Numeric	8	2	The nutritional val...	{1.00, stron...	.00	8	Right	Scale
6	Q1MOTANIMHUMA	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
7	Q1MOTANIHORMONE	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
8	Q1MOTEXPENSE	Numeric	8	2	The expense of fre...	{1.00, stron...	.00	8	Right	Scale
9	Q1MOTWHOLE	Numeric	8	2	I generally purcha...	{1.00, stron...	.00	8	Right	Scale
10	Q1MOT100MILES	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
11	Q1MOTSEASON	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
12	Q1MOTLOCALECON	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
13	Q1MOTLOCALFARME...	Numeric	8	2	I give preference t...	{1.00, stron...	.00	8	Right	Scale
14	Q1MOTENVIRON	Numeric	8	2	I believe consumin...	{1.00, stron...	.00	8	Right	Scale
15	Q22GEND	Numeric	8	2		{1.00, FEM...	.00	8	Right	Nominal
16	Q23AGES	Numeric	8	2		None	.00	8	Right	Scale
17	Q24RELAT	Numeric	8	2		{1.00, SING...	.00	8	Right	Nominal
18	Q25ETHNICIT	Numeric	8	2		{1.00, AFRI...	.00	18	Right	Nominal
19	Q26PEOPLEHOUSE	Numeric	8	2		None	None	8	Right	Scale

Data View Variable View



Example Data: Local Food in Indiana

1. Please indicate your level of agreement for the following statements on a scale from **Strongly Disagree (SD)**, **Disagree (D)**, **Neutral (N)**, **Agree (A)**, to **Strongly Agree (SA)**.

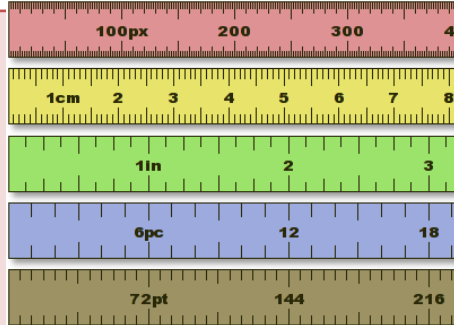
		1	2	3	4	5
		SD	D	N	A	SA
1	Purchasing organically grown food is very important to me. ← Q1MOTORGANIC					
2	I give preference to foods that are grown with few chemical applications. ← Q1MOTFEWCHEM					
3	I give preference to foods that were picked just a few days before my purchase. ← Q1MOTFRESH					
	Over half of the foods/groceries I purchase are fresh produce.					
4	The nutritional value of a food is an important part of my purchasing decisions.					
5	I give preference to animal products that have been derived in a humane manner.					
6	I give preference to animal products that are free from growth hormones.					
7	The expense of fresh local produce deters me from purchasing it as often as I would like.					
8	I generally purchase whole foods, rather than processed foods. ← Q1MOTWHOLE					
9	I give preference to purchasing foods that come from within 100 miles of my location.					
10	I give preference to eating foods that are in season, for example, tomatoes in July-October.					
11	I give preference to food purchase decisions that support the local economy.					
12	I give preference to food purchase decisions that support local farmers.					
13	I believe consuming food produced locally is better for the environment.					



Data Types (Measures)

Data Types

Continuous/
Interval/
Scale



Ordinal



Categorical:
Nominal (≥ 2)
Binary (2 levels)



Example

Test scores

Height, weight, age

Response Time

<Percent, proportions >, <Counts>

<Likert-type items>

Education: Bachelor, Masters, PhD.

Likert-type items

Treatment Group (A,B,C)

Sex: Male/female,

Yes/no, right/wrong, 0/1.



Likert-type scales

Likert Scales

Please fill in the number that represents how you feel about the computer software you have been using

I am satisfied with it

① Strongly Agree ② Agree ③ Neither ④ Disagree ⑤ Strongly Disagree

It is simple to use

① Strongly Agree ② Agree ③ Neither ④ Disagree ⑤ Strongly Disagree

It is fun to use

① Strongly Agree ② Agree ③ Neither ④ Disagree ⑤ Strongly Disagree

It does everything I would expect it to do

① Strongly Agree ② Agree ③ Neither ④ Disagree ⑤ Strongly Disagree

I don't notice any inconsistencies as I use it

① Strongly Agree ② Agree ③ Neither ④ Disagree ⑤ Strongly Disagree

DEBATE over whether it's "okay" to treat these as Continuous scales... (Argument is that the items are not equal distance apart)

Yes, it's truly *Ordinal* but usually needs to be **treated** as *Categorical* or *Continuous* for standard analyses.

Likert items are ambidextrous...could go either way...



(Summary scales, average across 5 items, would be Continuous)



Data Cleaning and Preparation

- Missing data?
 - How is it coded?
- Invalid data?
- Outliers?

- **Prepare data for analysis**
 - Calculate new variables
 - Recodes
 - Transformations
- **Codebook**
 - Formats/Values
- **Syntax**

The MAJORITY of your time will be cleaning, coding, and planning! Don't short-change it!



Research Questions

What are the differences in Food Preferences & Motivations for Local Food between people who purchase produce through a CSA, at the Farmer's Market, or neither?

- And what are the differences by Gender?
- **Outcome Measures (DV):** Food Preferences
 - Individual items? (Purchasing Organically Grown Food (Q1MOTORGANIC), etc)
 - Composite summary scores
- **Predictor Variables (IV):**
 - Venue Type (CSA, Farmer's Market, neither)
 - Sex (Male, Female)



Create 3 summary scores

- “Organic, Whole, Humane” = Mean of items 1, 2, 4, 5, 6, 8
- “Fresh, Local, In Season” = Mean of items 3, 9-13

Purchasing organically grown food is very important to me.	A
I give preference to foods that are grown with few chemical applications.	A
I give preference to foods that were picked just a few days before my purchase.	B
Over half of the foods/groceries I purchase are fresh produce.	
The nutritional value of a food is an important part of my purchasing decisions.	A
I give preference to animal products that have been derived in a humane manner.	A
I give preference to animal products that are free from growth hormones.	A
The expense of fresh local produce deters me from purchasing it as often as I would like.	C
I generally purchase whole foods, rather than processed foods.	A
I give preference to purchasing foods that come from within 100 miles of my location.	B
I give preference to eating foods that are in season, for example, tomatoes in July-October.	B
I give preference to food purchase decisions that support the local economy.	B
I give preference to food purchase decisions that support local farmers.	B
I believe consuming food produced locally is better for the environment.	B

- ← Q1MOTORGANIC
- ← Q1MOTFEWCHEM
- ← Q1MOTNUTR
- ← Q1MOTANIMHUMA
- ← Q1MOTANIHORMONE
- ← Q1MOTWHOLE

Organic,
Whole,
Humane

Fresh,
Local,
In season

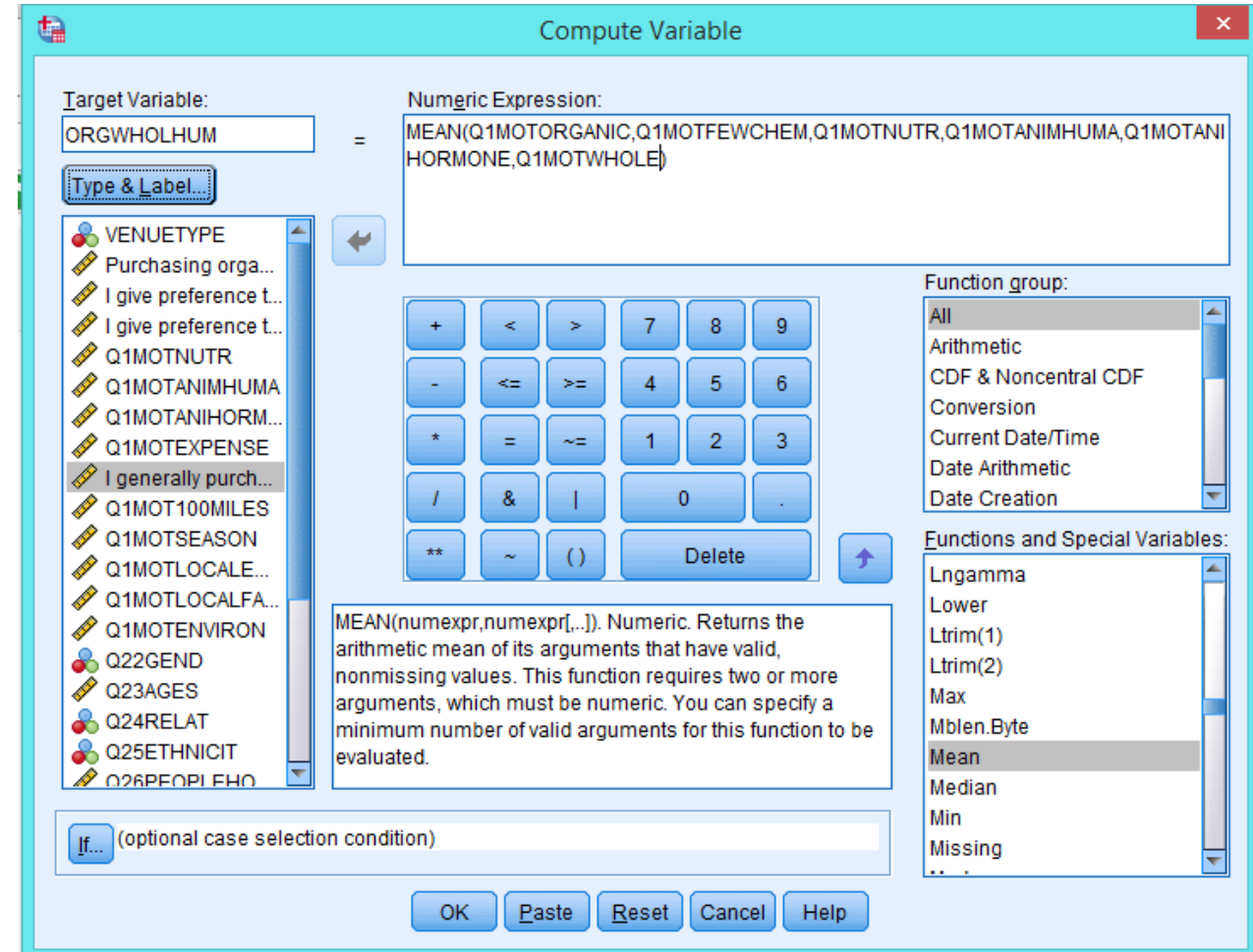
Expensive

Do any items need to be “reverse coded” ?

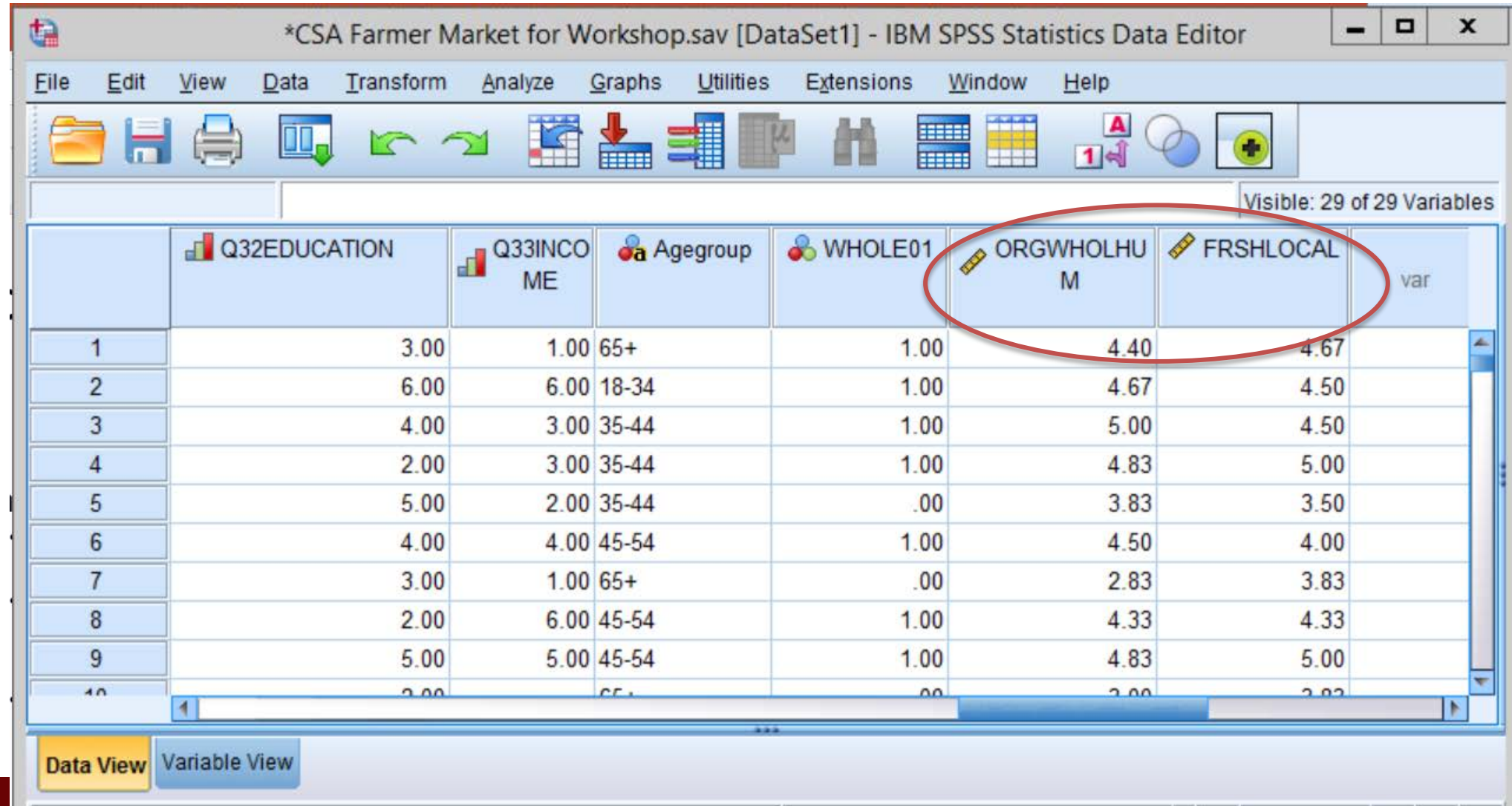


Creating New Variables

- Calculate new variables which are **Summary scores**
- Transform > Compute Variable
 - “Organic, Whole, Humane”
ORGWHOLHUM = Mean of items 1,2,4,5,6,8
 - “Fresh, Local, In Season”
FRSHLOCAL = Mean of items 3,9-13
- ORGWHOLHUM & FRSHLOCAL are then added at the end of the dataset



Created variables appear at the end of the data set



*CSA Farmer Market for Workshop.sav [DataSet1] - IBM SPSS Statistics Data Editor

File Edit View Data Transform Analyze Graphs Utilities Extensions Window Help

Visible: 29 of 29 Variables

	Q32EDUCATION	Q33INCOME	Agegroup	WHOLE01	ORGWHOLHUM	FRSHLOCAL	var
1	3.00	1.00	65+	1.00	4.40	4.67	
2	6.00	6.00	18-34	1.00	4.67	4.50	
3	4.00	3.00	35-44	1.00	5.00	4.50	
4	2.00	3.00	35-44	1.00	4.83	5.00	
5	5.00	2.00	35-44	.00	3.83	3.50	
6	4.00	4.00	45-54	1.00	4.50	4.00	
7	3.00	1.00	65+	.00	2.83	3.83	
8	2.00	6.00	45-54	1.00	4.33	4.33	
9	5.00	5.00	45-54	1.00	4.83	5.00	
10	3.00	3.00	65+	.00	3.00	3.00	

Data View Variable View



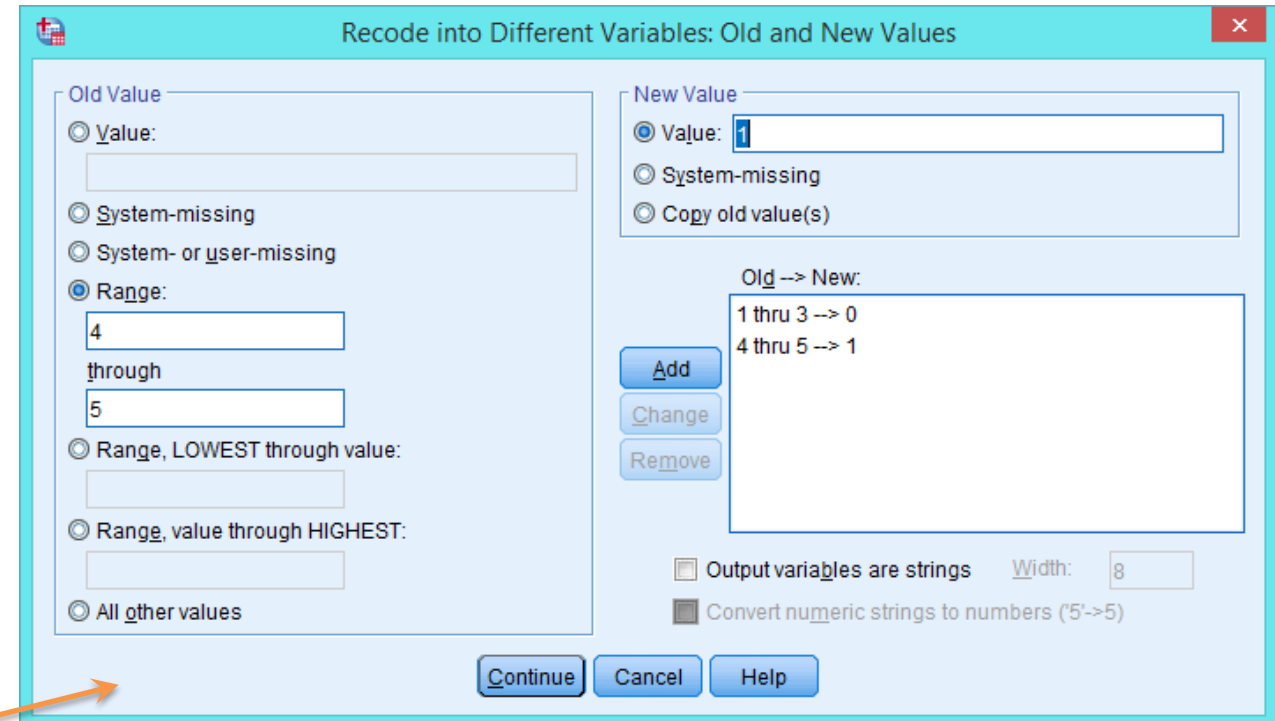
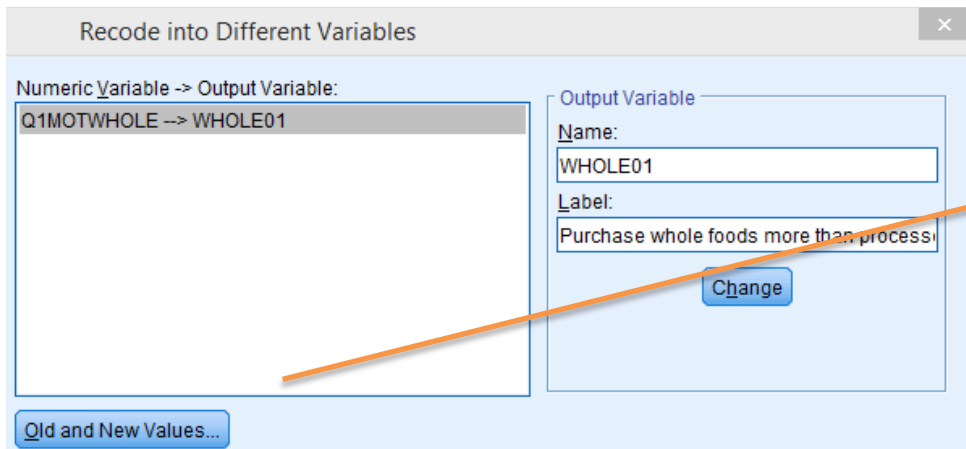
Data Recodes

Maybe we need to recode some of the 5-point scales into binary (high/low) splits.

Preference for Whole Foods? (Yes/No)

- **Recodes**

- ❑ Transform > Recode into Different Variables.
Select 'Q1MOTWHOLE' as Numeric Variable,
and Name Output variable 'WHOLE01'.
Select 'Old and New Values'.

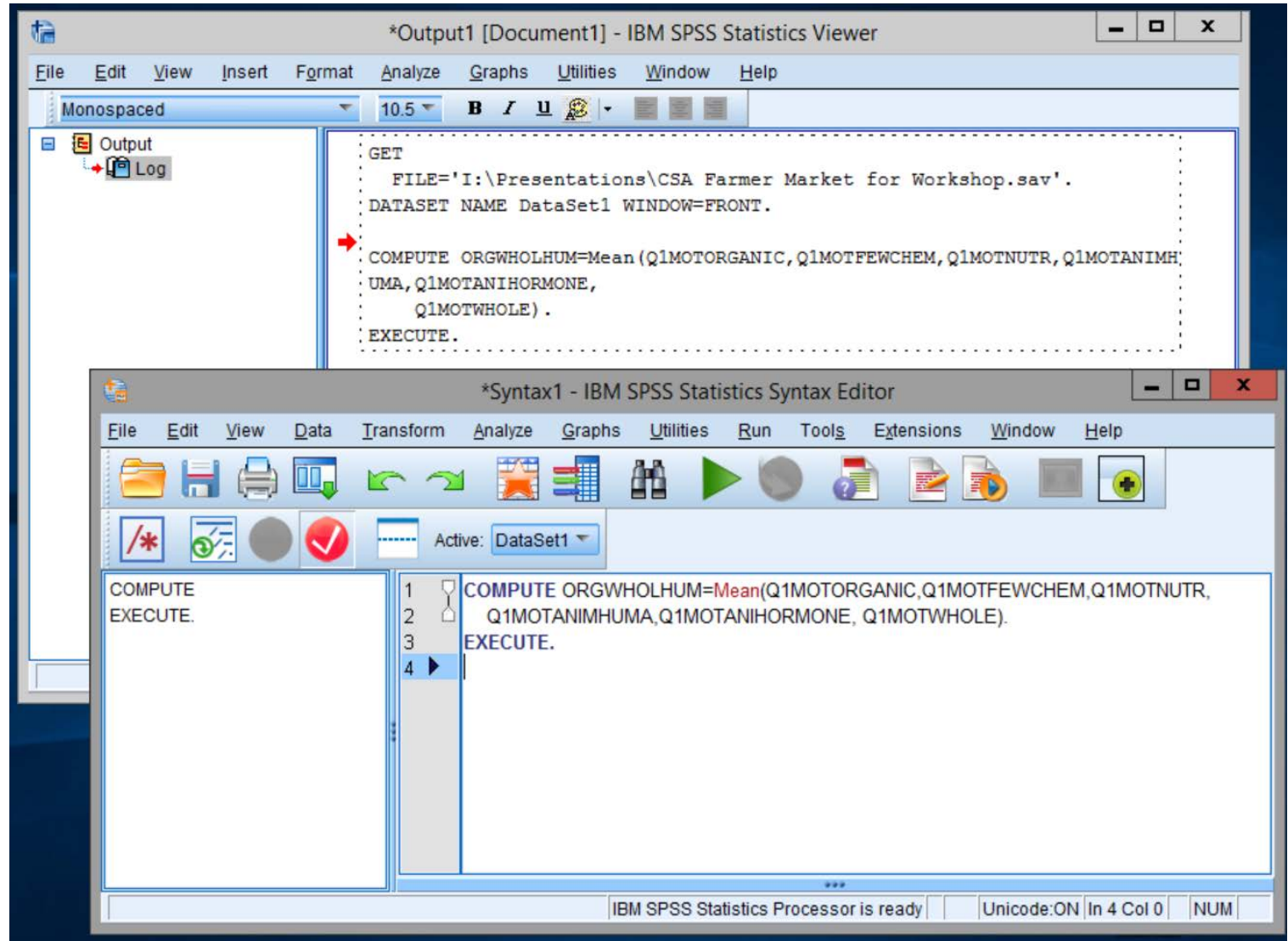


WHOLE01=1 for Yes (Q1MOTWHOLE 4-5),
WHOLE01=0 for No (Q1MOTWHOLE 1-3)



Syntax



Save syntax from the Output window to Paste into a Syntax window to re-run later.



Section 2

Data Analysis SPSS

Overview of Basic Analyses

		Descriptive Stats & Plots	Inferential Stats (Significance tests)		
Univariate (1 at a time)		1 Scale Variable	Mean, Med, Min, Max, Std. Dev., Histogram	1	
		1 Nominal Variable	Frequency, Percent, Bar chart	2	
Bivariate Association (1 on 1)		2 Scale Variables	Scatterplot	Correlation	3
		2 Nominal Variables	Cross-tab	Chi-square Test	4
		1 Scale Variable w/ 1 Nominal Variable (Comparing Groups)	Means by Subgroup, Box-plots	T-test (Compare 2 groups), ANOVA (Compare 3+ groups)	5 6
Multiple variables	Scale variable as response with multiple predictors		Linear Regression, GLM	7	
	Nominal variable as response with multiple predictors		Logistic Regression	8	



Data Types (Measures)

- **Q1MOTORGANIC** (etc) → *Scale*
 - 1 to 5 discreet (Strongly Disagree to Strongly Agree)
 - (Note that this is technically *Ordinal* but we will treat as linear *Scale*.)
- **ORGWHOLHUM & FRSHLOCAL** → *Scale*
 - 1 to 5 scale (Mean of discreet items)
- **VENUETYPE** → *Nominal*
 - 1=CSA
 - 2=Farmer's Market
 - 3=Neither
- **SEX** → *Nominal*
 - 1=Female
 - 2=Male

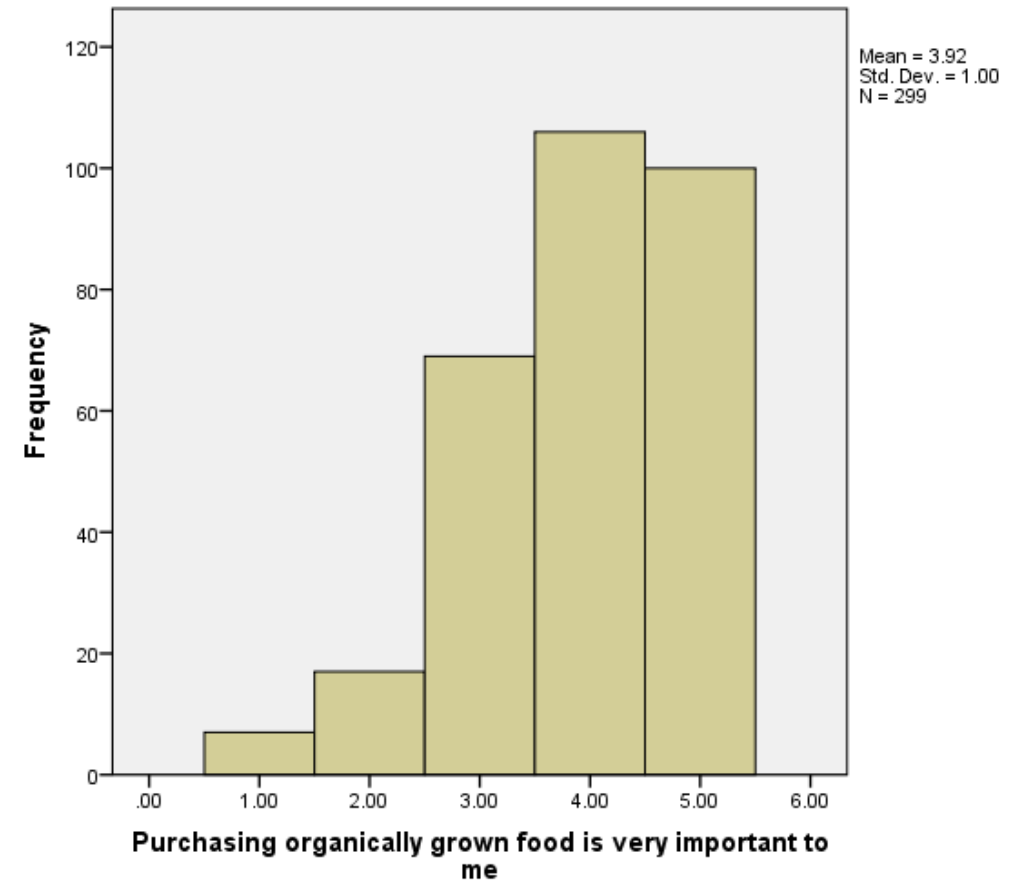


1 Descriptive Stats

Summarizing Scale variables

Describe how much people like to purchase organically grown food.

- **Histograms**
 - Graphs > Legacy > Histogram > Select 'Q1MOTORGANIC' as Variable
- **Descriptive Stats** (Mean, SD, Med, Min, Max)
 - Analyze > Descriptive Stats > Descriptives > Select 'Q1MOTORGANIC' as Variable



	N	Minimum	Maximum	Mean	Std. Deviation
Purchasing organically grown food is very important to me	299	1.00	5.00	3.9197	1.00012
I give preference to foods that are grown with few chemical applications.	299	1.00	5.00	4.1538	.92490

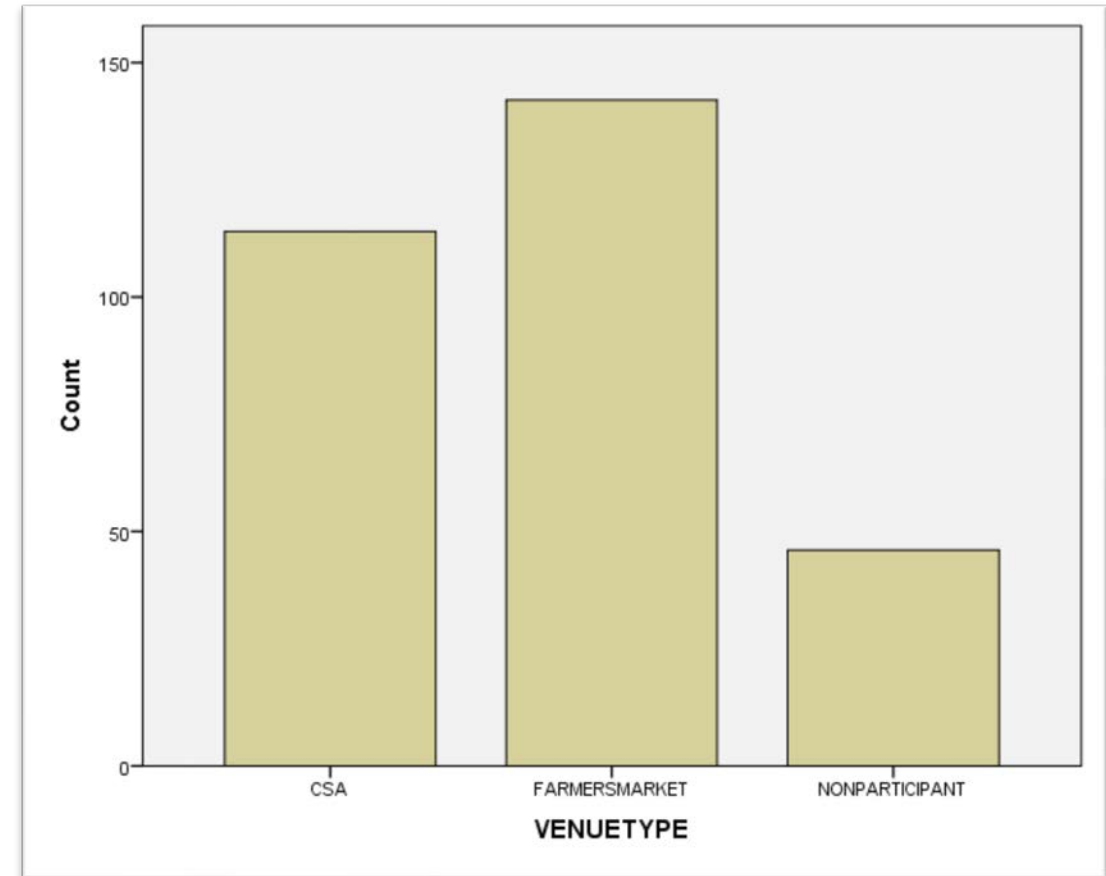


Frequencies

Summarizing Nominal variables

How many people responded to each survey?

- **Bar Graph**
 - ❑ Graphs > Legacy > Bar > Simple > Select 'VENUE' (or 'SEX') as Category Axis
- **Frequency table (n, %)**
 - ❑ Analyze > Descriptive Stats > Frequencies > Select 'VENUE' as Variable



		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	CSA	114	37.7	37.7	37.7
	FARMERSMARKET	142	47.0	47.0	84.8
	NONPARTICIPANT	46	15.2	15.2	100.0
	Total	302	100.0	100.0	



Correlation

Relationship between 2 Scale variables

Is motivations for organic food correlated with motivations to have fewer chemicals?

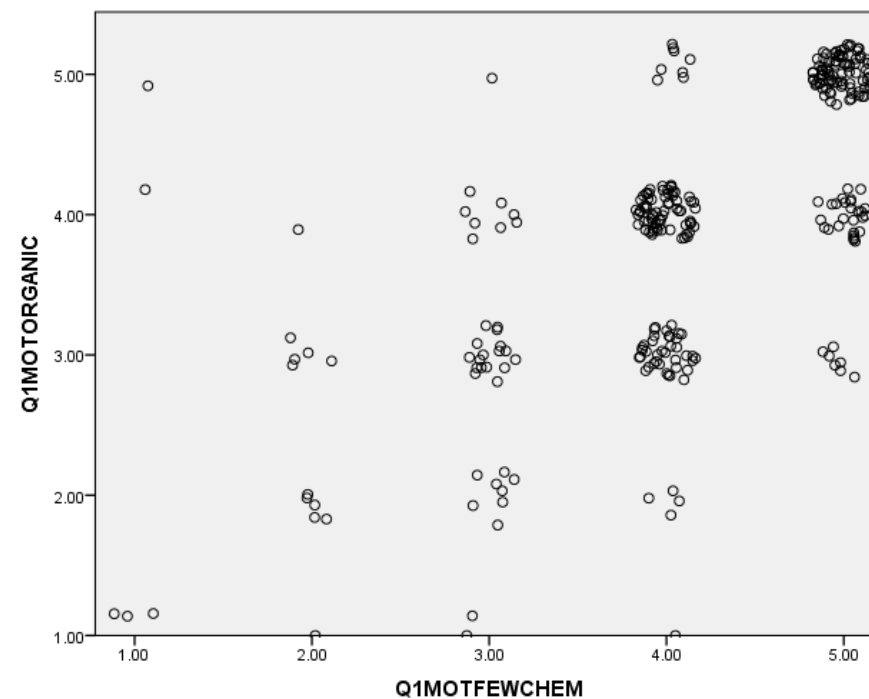
- **Scatterplot**

- Graphs > Legacy > Scatter > Simple > Select 'Q1MOTORGANIC' as Y Axis and 'Q1MOTFEWCHEM' as X Axis.

(Note: Use syntax to "jitter" the points)

- **Correlation**

- Analyze > Correlate > Bivariate > Select 'Q1MOTORGANIC' and 'Q1MOTFEWCHEM' as Variables



Correlations

		Q1MOTORGANIC	Q1MOTFEWCHEM
Q1MOTORGANIC	Pearson Correlation	1	.685**
	Sig. (2-tailed)		.000
	N	299	296
Q1MOTFEWCHEM	Pearson Correlation	.685**	1
	Sig. (2-tailed)	.000	
	N	296	299

** . Correlation is significant at the 0.01 level (2-tailed).



Chi-square

Relationship between 2 Nominal variables

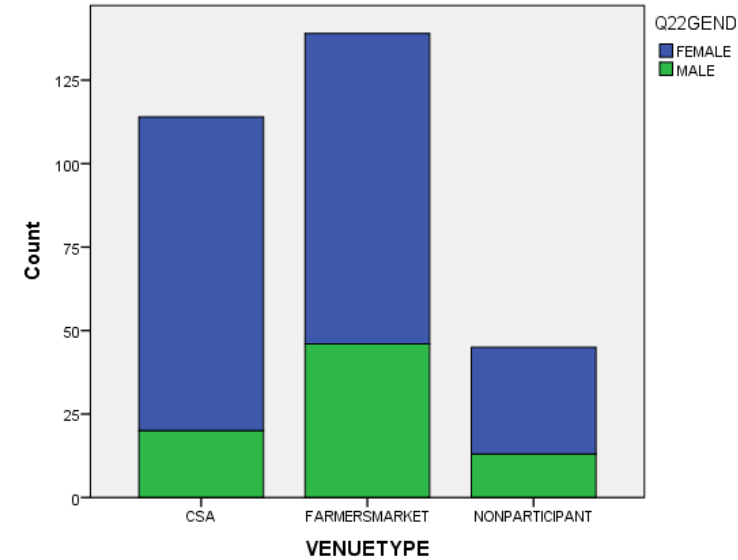
Is gender associated with Venue type?

- **Stacked Bar Chart**

- Graphs > Legacy > Bar > Stacked > Select 'VENUE' as Category Axis and 'Q22Gend' to Define Clusters

- **Crosstab w/ Chi-square test**

- Analyze > Descriptive > Crosstab > Select 'VENUETYPE' as Rows and 'Q22Gend' Columns Statistics button > Select Chi-square. Cells button > Select Row %



		Q22GEND			
		FEMALE	MALE	Total	
VENUETYPE	CSA	Count	94	20	114
	% within VENUETYPE	82.5%	17.5%	100.0%	
FARMERSMARKET	Count	93	46	139	
	% within VENUETYPE	66.9%	33.1%	100.0%	
NONPARTICIPANT	Count	32	13	45	
	% within VENUETYPE	71.1%	28.9%	100.0%	
Total	Count	219	79	298	
	% within VENUETYPE	73.5%	26.5%	100.0%	

Chi-Square Tests

	Value	df	Asymptotic Significance (2-sided)
Pearson Chi-Square	7.927 ^a	2	.019



5 T-Test : Comparing 2 Groups

1 Scale Var. w/ 1 Nominal Var. (2 levels)

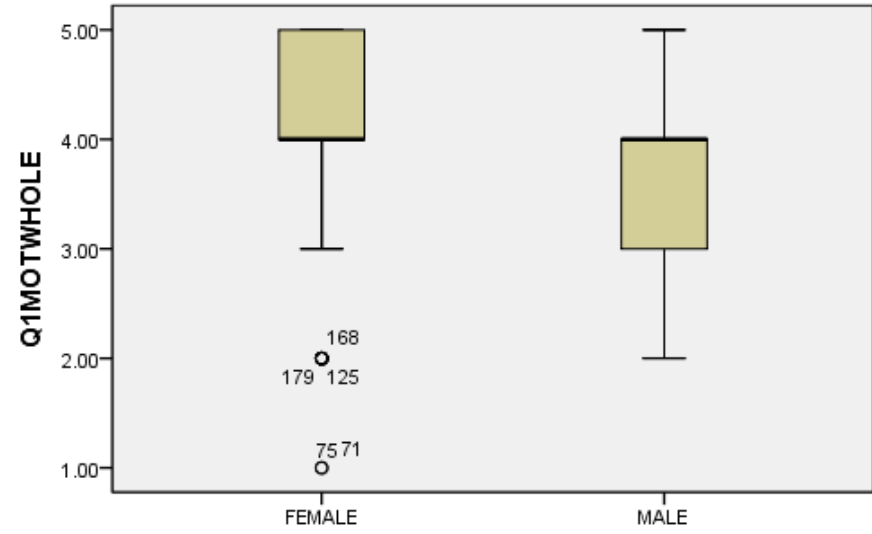
Is there a difference in preferences for organic food between males and females?

- Box-plot**

- Graphs > Legacy > Boxplot > Simple > Select 'Q1MOTWHOLE' as Variable and 'Q22Gend' as Category Axis

- T-test**

- Analyze > Compare Means > Independent Samples T-test > Select 'Q1MOTWHOLE' as Test Variable and 'Q22Gend' as Grouping Variable. Define Groups – levels 1 & 2



Q22GEND
Group Statistics

	Q22GEND	N	Mean	Std. Deviation	Std. Error Mean
Q1MOTWHOLE	FEMALE	218	4.0321	.87140	.05902
	MALE	79	3.6962	.80630	.09072

Q1MOTWHOLE	Levene's Test for Equality of Variances		Independent Samples Test		
	F	Sig.	t	df	Sig. (2-tailed)
Equal variances assumed	.035	.852	2.993	295	.003
Equal variances not assumed			3.104	148.444	.002



ANOVA : Comparing 3+ Groups

1 Scale Var. w/ 1 Nominal Var. (3+ levels)

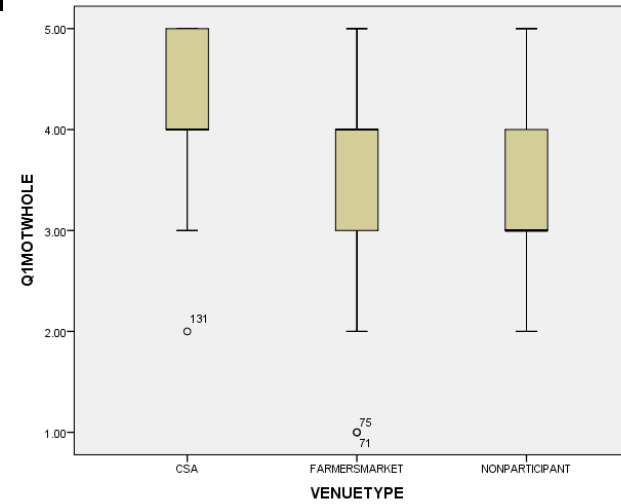
Is there a difference in preferences for organic food between venue types?

- **Box-plot**

- Graphs > Legacy > Boxplot > Simple > Select 'Q1MOTWHOLE' as Variable and 'VENUETYPE' as Category Axis

- **ANOVA**

- Analyze > Compare Means > One-way ANOVA, or...
- Analyze > General Linear Model > Univariate > Select 'Q1MOTWHOLE' as Dependent and 'VENUETYPE' as Fixed Factor. Also button for 'Post Hoc...' > 'VENUETYPE' > 'Tukey'.



Tests of Between-Subjects Effects

Dependent Variable: Q1MOTWHOLE

Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	28.012 ^a	2	14.006	21.172	.000
Intercept	3535.455	1	3535.455	5344.327	.000
VENUETYPE	28.012	2	14.006	21.172	.000
Error	197.137	298	.662		
Total	4914.000	301			
Corrected Total	225.150	300			



Linear Regression/ GLM

1 Scale Var. w/ Multiple predictors

How do gender and venue type together predict organic motivations?

- **GLM, Factorial ANOVA, ANCOVA**

- ☐ Analyze > General Linear Model > Univariate. Select 'Q1MOTWHOLE' as DV.
 - Nominal vars are "Fixed Factors" (VenueType, Q22 Gend)
 - Scale vars are "Covariates"

- **Linear Regression**

- ☐ Analyze > Regression > Linear. Select 'Q1MOTWHOLE' as DV.
- ☐ All IV's must be Scale or Binary "dummies" (0/1)

Tests of Between-Subjects Effects

Dependent Variable: Q1MOTWHOLE

Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	32.290 ^a	5	6.458	9.905	.000
Intercept	2555.977	1	2555.977	3920.113	.000
VENUETYPE	13.872	2	6.936	10.638	.000
Q22GEND	2.247	1	2.247	3.446	.064
VENUETYPE * Q22GEND	.856	2	.428	.656	.520
Error	189.737	291	.652		
Total	4839.000	297			
Corrected Total	222.027	296			

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	4.202	.180		23.352	.000
	Q23AGES	-.005	.003	-.088	-1.505	.133

a. Dependent Variable: Q1MOTWHOLE



8 Logistic Regression

1 Nominal Var. w/ Multiple predictors

How do gender, venue type and age predict preferences for whole food (high/low)?

- Logistic Regression**

- ☐ Analyze > Regression > **Binary Logistic**. Select 'WHOLE01' as DV. Put IV's as Covariates, and use 'Categorical' button to identify Nominal vars.
- 'Purchase Whole foods vs Processed?'
WHOLE01=1 for Yes (Q1MOTWHOLE 4-5),
WHOLE01=0 for No (Q1MOTWHOLE 1-3)
- Someone who uses a CSA has 7.1 times the odds of saying they purchase Whole Foods compared to Nonparticipant.

Categorical Variables Codings

		Frequency	Parameter coding	
			(1)	(2)
VENUETYPE	CSA	114	1.000	.000
	FARMERSMARKET	135	.000	1.000
	NONPARTICIPANT	44	.000	.000
Q22GEND	FEMALE	214	1.000	
	MALE	79	.000	

Variables in the Equation

		B	S.E.	Wald	df	Sig.	Exp(B)
Step 1 ^a	VENUETYPE			21.531	2	.000	
	VENUETYPE(1)	1.965	.424	21.467	1	.000	7.134
	VENUETYPE(2)	.992	.363	7.476	1	.006	2.698
	Q23AGES	.002	.009	.049	1	.825	1.002
	Q22GEND(1)	.361	.303	1.421	1	.233	1.435
	Constant	-.466	.642	.526	1	.468	.628

a. Variable(s) entered on step 1: VENUETYPE, Q23AGES, Q22GEND.



THANK YOU!

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Senior Biostatistician

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Hire a pro! <http://biostats.Indiana.edu>

Free DIY consultations Tu/Th 10-12 in the SSRC (ssrc.Indiana.edu)

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