THE HERO SUITE

I. *HERO* (2024): DOCUMENTARY FILM

II. *LAKE MONROE* (2024): SHORT FILM

by

XINYU (DORIS) LYU

Submitted to the faculty of the
Jacobs School of Music in partial fulfillment
of the requirements for the degree,
Master of Music
Indiana University
May 2024

Accepted by the faculty of the
Indiana University Jacobs School of Music
in partial fulfillment of the requirements for the degree
Master of Music

_____

Prof. Larry Groupé, Director of Thesis

TABLE OF CONTENTS

I. *HERO* (2024): DOCUMENTARY FILM 1

Instrumentation 2

Program Notes 3

Audio Links 4

Hero Score 5

II. *LAKE MONROE* (2024): SHORT FILM 40

Instrumentation 41

Program Notes 42

Audio Links 43

Lake Monroe Score 44

HERO

DOCUMENTARY FILM

directed by **YAOWEN ZHANG**

music by **XINYU (DORIS) LYU**

TOTAL RUNTIME – 30:35

SCORE – 15:17

INSTRUMENTATION

HERO (2024): DOCUMENTARY FILM

directed by **YAOWEN ZHANG**
music by **XINYU (DORIS) LYU**

— — — — — — — — — — — — —

Dizi
Xiao
Bawu
2 Flute
2 Oboe
2 B-Flat Clarinet
2 Bassoon

4 F Horn
Tenor Trombone
Tuba

Percussion (three players):

I. Crotales, Maraca, Suspended Cymbal
II. Tambourine, XiaoTanggu
III. HuaPengu

Yangqin
Guzheng
Harp
Piano
Dulcitone
Celesta
Synths

Boy Soprano
Choir (Soprano/Alto)

Violin I
Violin II
Viola
Violoncello
Contrabass

— — — — — — — — — — — — —

PROGRAM NOTES

HERO (2024): DOCUMENTARY FILM

directed by **YAOWEN ZHANG**
music by **XINYU (DORIS) LYU**

Hero (2024) is a new documentary directed by Chinese director Yaowen Zhang. The film follows the life of Kaiping Feng, a retired employee who is rehired back to his original workplace, the Golden Lantern Temple. After his retirement, he returns to the temple to continue his work, which involves guarding cultural relics and taking care of the temple.

The Golden Lantern Temple, where Kaiping Feng worked, is the primary focus of this documentary. Feng left his family and went up the mountain to guard the temple's artifacts and ensure that people could come and pray for blessings when the temple was opened. However, the COVID-19 pandemic forced the temple to close, leaving Feng with no choice but to leave. Unfortunately, his wife fell sick around the same time, adding to his worries. Before departing, Feng prayed one last time and took a final look at the temple he had devoted his life to.

Director Zhang placed emphasis on using traditional Chinese instruments to set the tone for the temple environment in the music composition for the movie. Additionally, the music had to convey the emotional changes of the characters that were not visually portrayed throughout the process of returning to work again. For instance, as the movie title appears, Kaiping Feng is depicted ascending a mountain, and the theme of the scoring features a counterpoint theme for viola and oboe in d minor. This is to show the hardships that Feng's back reveals. Finally, at the end of the movie, the theme echoes the scene of Feng's descent back home to a successful conclusion. The motif of the theme in G major first appears by Dizi, Xiao, and later reproduced as a choir. The music changes with Feng, depicting and celebrating Feng's persistence as a guardian.

Hero is a calming and slow-paced documentary that focuses on the inner light of humanity, rather than the external factors of society. Through the power of calmness, the creator aims to connect with the audience and convey an uplifting message. The music used in the movie also helps to reinforce this positive message.

AUDIO LINKS

1m1 – EARLY MORNING AT THE TEMPLE

1m2 – DECIDED TO RETURN

1m3 – RETURN TO THE TEMPLE

1m4 – TAKING CARE OF THE TEMPLE

2m1 – GUARDIANSHIP OF CULTURAL RELICS

2m2 – WORKPLACE

2m3 – FAMILIES AND HOMELAND

3m1 – POSTING OF NOTICE

3m2 – PRAY FOR HEALTH

3m3 – SET OUT ON A JOURNEY

HERO

DOCUMENTARY FILM

Concert Score

1m1

"EARLY MORNING AT THE TEMPLE"

♩ = 72

Comp: Xinyu Lyu

Dizi

Xiao

Percussion

Crotales
(brass mallets)

mf

Guzheng

Harp

Dulcitone

p

Synth Pad

pp *mp* *mf* *pp*

♩ = 72

Violin I

Violin II

Viola

Violoncello

1 2 3 4 5 6 7 8 9 10 11 12

Dz.

Xiao

mf *mp* *p*

mp *p*

Perc.

p *pp*

Gz.

mp

Dulcitone

mp *mf*

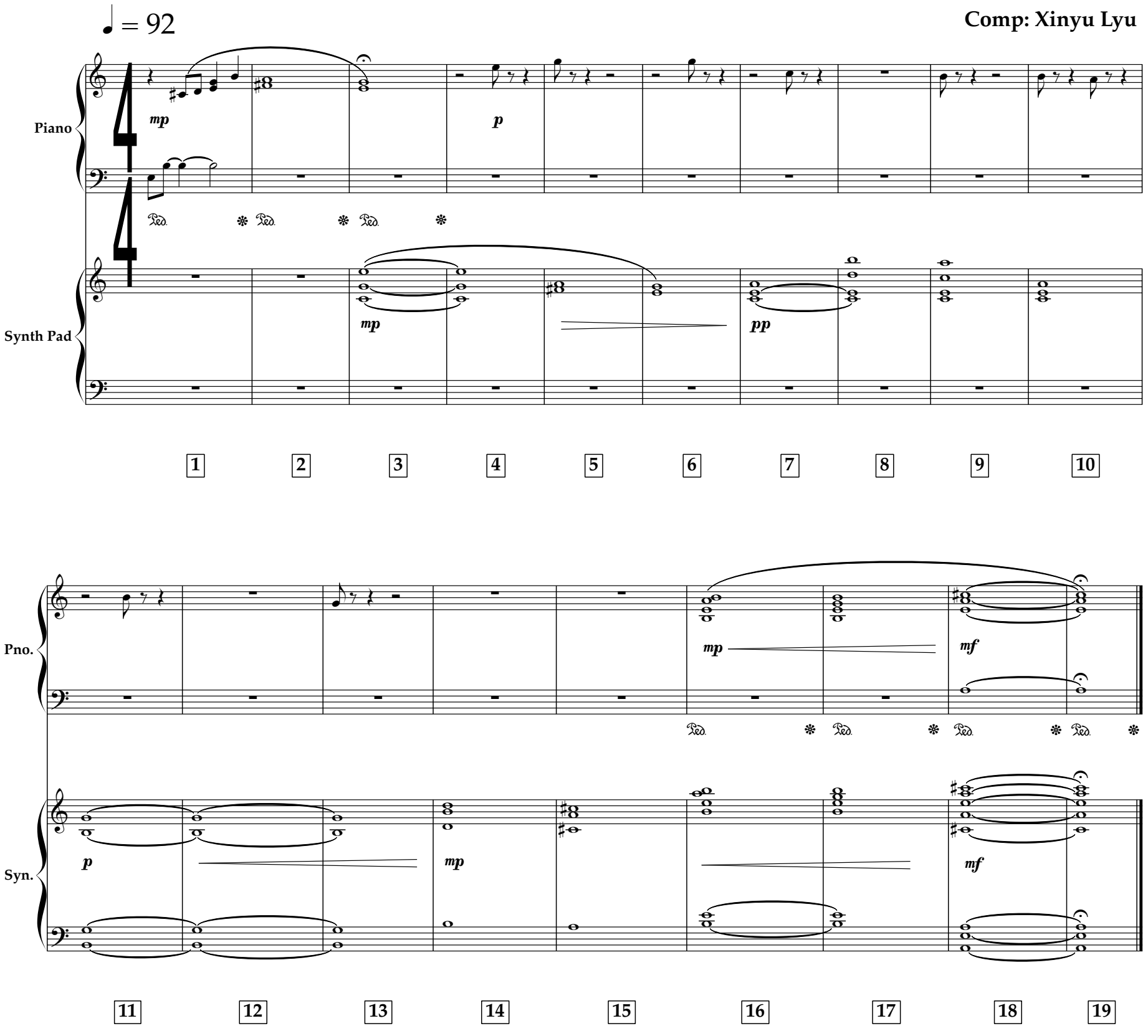
13 14 15 16 17 18 19 20

Gz.
mf
Hp.
mp
pp
Dulcitone
mp
p
VIn. I
mf
f
mp
VIn. II
mf
f
mp
Vla.
mf
f
Vlc.
mf
f
mp
21
22
23
24
25
26
27

Concert Score

1m2

“DECIDED TO RETURN”



Concert Score

1m3

"RETURN TO THE TEMPLE"

Comp: Xinyu Lyu

♩ = 105

Dizi

Oboe 1, 2

mp

Clarinet 1, 2 in B♭

Horns 1, 2 in F

Horns 3, 4 in F

Tenor Trombone

Tuba

Guzheng

Harp

mp

mf

Synth Pluck

mf

♩ = 105

Violin I

con sord.

p

senza sord.

Violin II

con sord.

p

senza sord.

Viola

mp

mf

Violoncello

p

Contrabass

1 2 3 4 5 6 7

Dz.
Ob. 1, 2
Cl. 1, 2 (B♭)
Hn. 1, 2 in F
Hn. 3, 4 in F
Tenor Tbn.
Tba.
Gz.
Hp.
Syn.
Vln. I
Vla.
Vc.
D.B.

8 9 10 11 12 13 14 15

Dz.

Ob. 1, 2

Cl. 1, 2 (B♭)

Hn. 1, 2 in F

p

Hn. 3, 4 in F

p

Tenor Tbn.

p

Tba.

p

Gz.

mf

Hp.

p

Syn.

Vln. I

mf

Vln. II

p

Vla.

mf

mp

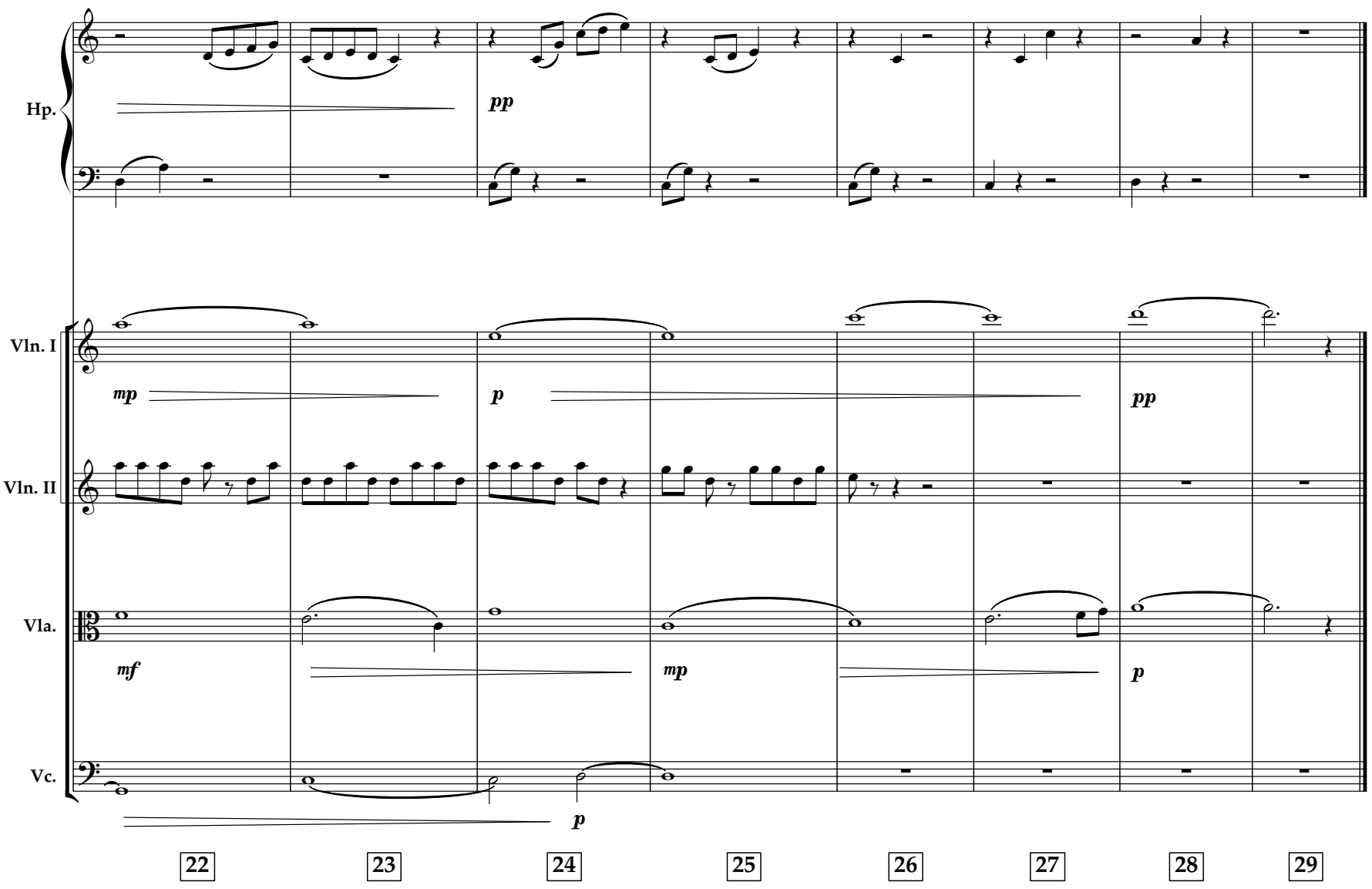
Vc.

mp

D.B.

p

16 17 18 19 20 21


Hp.
pp
Vln. I
mp
p
pp
Vln. II
Vla.
mf
mp
p
Vc.
p
22
23
24
25
26
27
28
29

Concert Score

1m4

"TAKING CARE OF THE TEMPLE"

Dz.
Xiao
Gz.
Hp.
Dulcitone
Vln.
Vla.
Vlc.

17 18 19 20 21

22 23 24 25 26

Concert Score

2m1

"GUARDIANSHIP OF CULTURAL RELICS"

♩ = 96

Comp: Xinyu Lyu

Dizi

Flute 1, 2

a2

mp

Oboe 1, 2

Clarinet 1, 2 in B♭

Crotales

(brass mallets)

Percussion

p

Yangqin

mp

Harp

8va

mp

Dulcitone

Celesta

p

Synth Pad

mp

p

♩ = 96

Violin I

Violin II

Viola

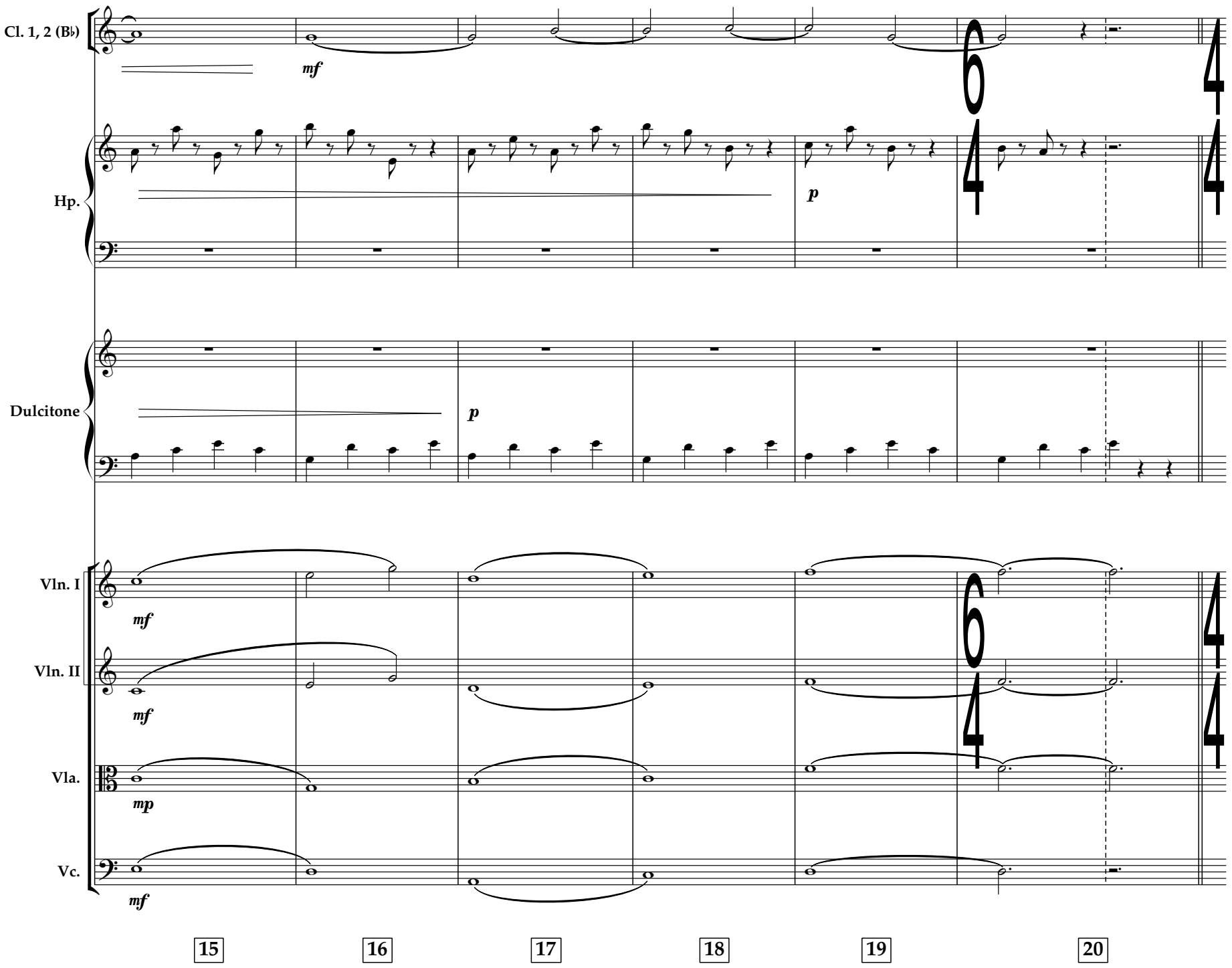
Violoncello

1 2 3 4 5 6 7

Fl. 1, 2
Ob. 1, 2
Cl. 1, 2 (B♭)
Yq.
Hp.
Dulcitone
Cel.
Syn.
Vln. I
Vln. II
Vla.
Vc.

mp
a2
mf
p
8va

8 9 10 11 12 13 14


Cl. 1, 2 (B♭)
mf
Hp.
p
Dulcitone
p
Vln. I
mf
Vln. II
mf
Vla.
mp
Vc.
mf
15
16
17
18
19
20

♩ = 93
Dz.
p
Dulcitone
pp
21
22
23
24
25
26
27
28
29

Concert Score

2m2

"WORKPLACE"

Comp: Xinyu Lyu

Hn. 1, 2 in F
Hn. 3, 4 in F
Tenor Tbn.
Tba.
Vln. I
Vln. II
Vla.
Vc.
Cb.

32 33 34 35 36 37 38 39 40 41 42

Hn. 1, 2 in F
Hn. 3, 4 in F
Tenor Tbn.
Vln. I
Vln. II
Vla.
Vc.

con sord.
sul pont.

tutti.

div.

43 44 45 46 47 48 49 50 51 52 53 54 55 56

Concert Score

2m3

"FAMILIES AND HOMELAND"

♩ = 132

Comp: Xinyu Lyu

Flute 1, 2

Oboe 1, 2

Clarinet 1, 2 in B♭

Bassoon 1, 2

♩ = 132

Horns 1, 2 in F

Horns 3, 4 in F

Guzheng

Harp

p

Piano

pp

♩ = 132

Violin I

Violin II

Viola

Violoncello

pizz.

p

Contrabass

1 2 3 4 5 6 7

Hp.

Pno.

Vla.

Vc.

mp

p

mp

8 9 10 11 12 13 14 15

Hp.

Pno.

mf

Vln. I

Vla.

Vc.

mf

mp

arco

mp

16 17 18 19 20 21 22 23

Pno.
Vln. I
Vln. II
Vla.
Vc.
Cb.

mf *mp* *f* *p*

24 25 26 27 28 29 30 31

32 33 34 35 36 37 38 39

Hn. 1, 2 in F
Hn. 3, 4 in F
Pno.
Vln. I
Vln. II
Vla.
Vc.
Cb.

40 41 42 43 44 45 46 47

Fl. 1, 2
Cl. 1, 2 (B♭)
Hn. 1, 2 in F
Hn. 3, 4 in F
Hp.
Pno.
Vln. II
Vla.
Vc.

48 49 50 51 52 53 54 55

Fl. 1, 2

Cl. 1, 2 (B♭)

Hn. 1, 2 in F

mp

Hn. 3, 4 in F

mp

8va

Hp.

Pno.

mp

Vln. I

mf

mp

Vln. II

Vla.

mf

mp

Vc.

mp

p

pizz.

Cb.

p

56 57 58 59 60 61 62 63

Fl. 1, 2
Ob. 1, 2
Cl. 1, 2 (B♭)
Bsn. 1, 2
Hn. 1, 2 in F
Hn. 3, 4 in F
GZ.
Pno.
Vln. I
Vln. II
Vla.
Vc.
Cb.

64 65 66 67 68 69 70 71

Fl. 1, 2
Ob. 1, 2
Cl. 1, 2 (B♭)
Bsn. 1, 2
Hn. 1, 2 in F
Hn. 3, 4 in F
GZ.
Pno.
Vln. I
Vln. II
Vla.
Vc.
Cb.

72 73 74 75 76 77 78

Fl. 1, 2

Ob. 1, 2

p

Cl. 1, 2 (B♭)

mp

p

Bsn. 1, 2

p

Hn. 1, 2 in F

p

Hn. 3, 4 in F

p

GZ.

Pno.

Vln. I

mf

mp

Vln. II

p

pp

mp

Vla.

p

mf

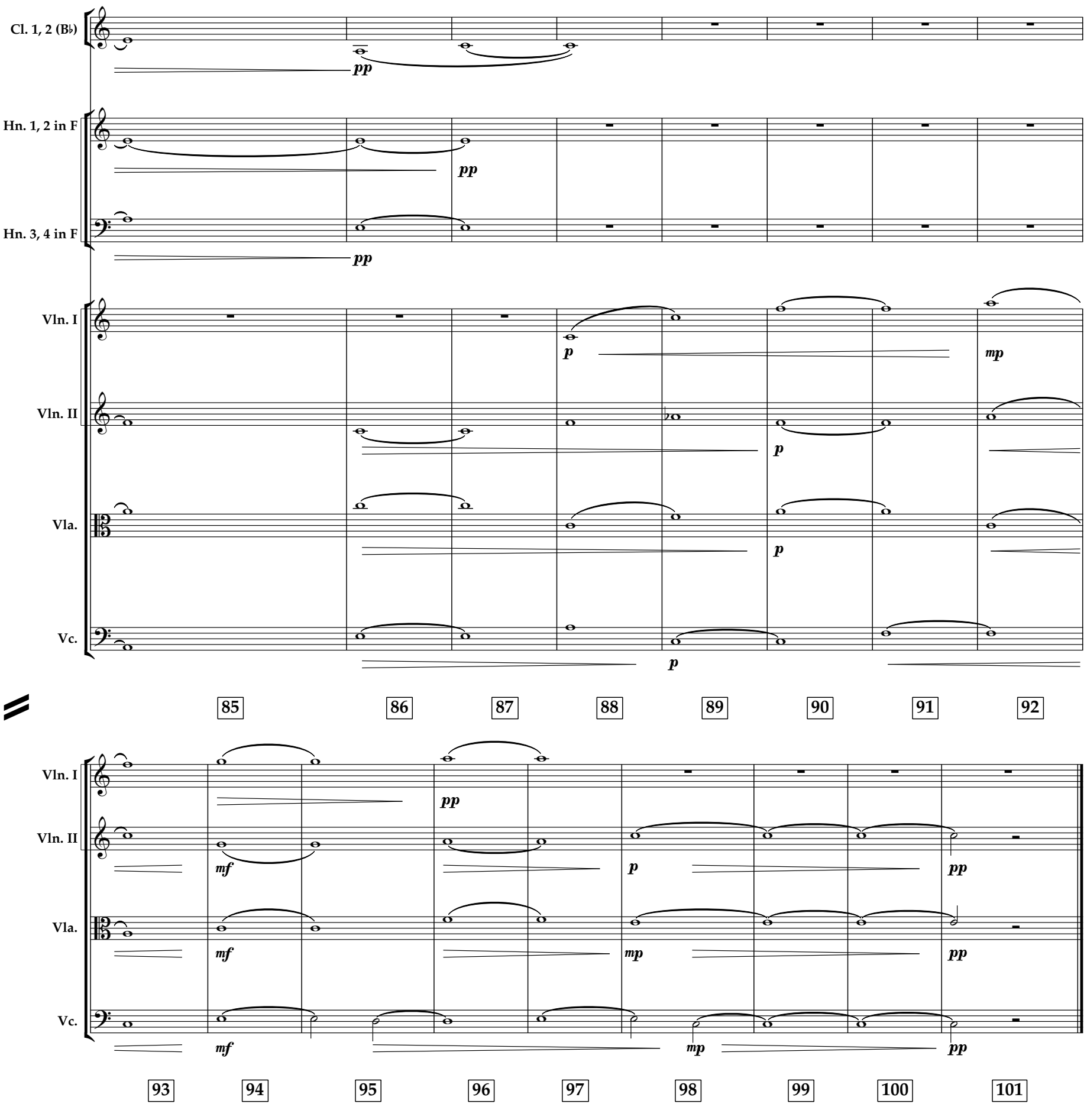
mp

Vc.

mp

Cb.

79 80 81 82 83 84

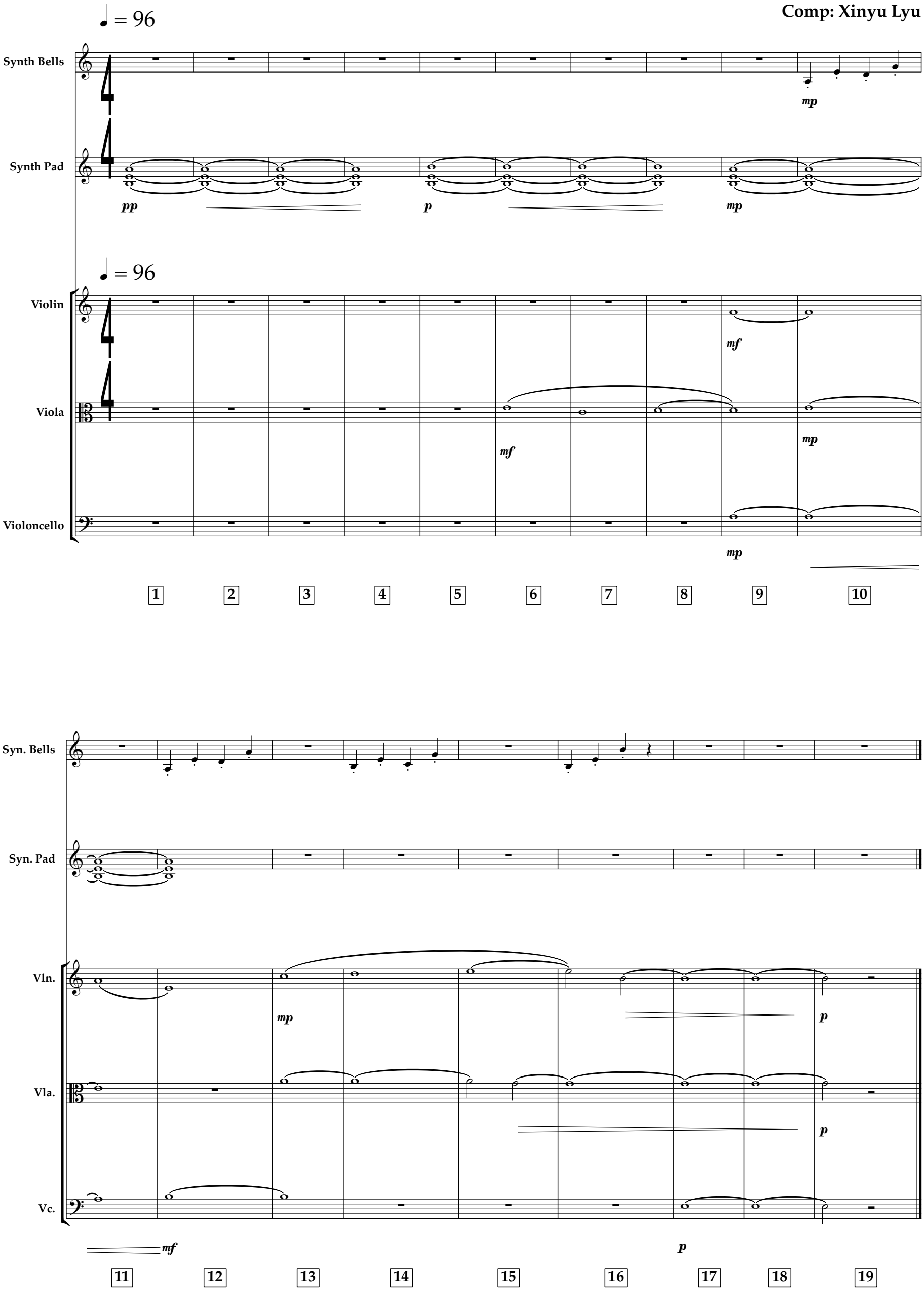

Cl. 1, 2 (B♭)
Hn. 1, 2 in F
Hn. 3, 4 in F
Vln. I
Vln. II
Vla.
Vc.
pp
p
mp
mf
85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100
101

Concert Score

3m1

“POSTING OF NOTICE”

Comp: Xinyu Lyu



Concert Score

3m2

“PRAY FOR HEALTH”

Comp: Xinyu Lyu

3m3

“SET OUT ON A JOURNEY”

♩ = 123

Comp: Xinyu Lyu

Dizi
Xiao
Horns 1, 2 in F
Horns 3, 4 in F
Tenor Trombone
Tuba
1
Percussion 2
3
Yangqin
Guzheng
Harp
Piano
Dulcitone
Synth Bells
Synth Pad
Boys Soprano
Choir (Soprano/Alto)
♩ = 123
Violin I
Violin II
Viola
Violoncello
Contrabass

pp *p* *pp* *p*

1 2 3 4 5 6 7 8 9 10

Dz.
Xiao
Yq.
Pno.
Dulcitone
Syn.Bells
Syn. Pad
mp
mp
pp
p
p
p
mp

11 12 13 14 15 16 17 18 19

Dz.
Xiao
mf
mp
mf
mp
Perc.1
Perc. 2
Maraca
Tambourine
p
hands
mp
Pno.
mf
Dulcitone
Syn.Bells
Syn. Pad
mf
Vln. I
Vln. II
Vla.
Vc.
Cb.
mp
p
p
p
p

20 21 22 23 24 25 26

Perc.1
Perc. 2
Pno.
Syn.Bells
Syn. Pad
Vln. I
Vln. II
Vla.
Vc.
Cb.

27 28 29 30 31

mp
mf
p
mf
p
p

all syllables are **ah**

BS.
S.A.
mp
mp

Vln. I
Vln. II
Vla.
Vc.
Cb.
mf
mp
mp
mp
mp
mp

32 33 34 35 36 37

Dz.
Xiao
Perc.1
Perc. 2
Yq.
Gz.
Hp.
Pno.
Dulcitone
BS.
S.A.
Vln. I
Vla.
Vc.

38 39 40 41 42

Dz.

Xiao

Perc.1

Perc. 2

Gz.

mf

Hp.

mf

Pno.

mp

Ped. * Ped. * Ped. *

Vln. I

mp

Vln. II

mp

Vla.

mp

Vc.

mp

Cb.

mp

43 44 45 46 47

Dz.

Xiao

Perc.1

(To Cym.)

Perc. 2

Yq.

mp

Gz.

Hp.

Pno.

Ped. ✻ Ped. ✻

Vln. I

Vln. II

Vla.

Vc.

Cb.

48 49 50 51 52

Dz.

Xiao

Sus. Cym.

(medium mallets)

Perc.1

mp f

Perc. 2

mp f

mf

HuaPengu

Stem down = center
Stem up = edge

Perc. 3

mf

Yq.

mp

Gz.

mp

p

Hp.

Pno.

p

Ped. * Ped. * Ped. * Ped. *

BS.

mf

S.A.

mf

Vln. I

mf

Vln. II

mf

Vla.

mf

Vc.

mf

Cb.

mf

53 54 55 56 57 58 59 60

Hn. 1, 2 in F
Hn. 3, 4 in F
Tenor Tbn.
Tba.
Perc.1
Perc. 2
Perc. 3
Yq.
Gz.
Pno.
BS.
S.A.
Vln. I
Vln. II
Vla.
Vc.
Cb.

Xiao Tanggu

61 62 63 64 65 66 67

Hn. 1, 2 in F
Hn. 3, 4 in F
Tenor Tbn.
Tba.
Perc.1
Perc. 2
Perc. 3
Gz.
Hp.
Pno.
Syn.Bells
Syn. Pad
BS.
S.A.
Vln. I
Vln. II
Vla.
Vc.
Cb.

68 69 70 71 72 73 74

Hp.
Pno.
Syn.Bells
Syn. Pad
Vla.
Vc.
Cb.
p
Ped.
75
76
77
78
79
80
81

LAKE MONROE

SHORT FILM

directed by **FLORENCE CHAPPELL**

music by **XINYU (DORIS) LYU**

TOTAL RUNTIME – 06:04

SCORE – 04:29

INSTRUMENTATION

LAKE MONROE (2024): SHORT FILM

directed by **FLORENCE CHAPPELL**
music by **XINYU (DORIS) LYU**

— — — — — — — — — — — — —

B-Flat Bass Clarinet

Piano
Synths
Voice

Violin I
Violin II
Violoncello
Contrabass

— — — — — — — — — — — — —

PROGRAM NOTES

LAKE MONROE (2024): SHORT FILM

directed by **FLORENCE CHAPPELL**
music by **XINYU (DORIS) LYU**

Lake Monroe (2024) is a short film directed by Florence Chappell from the media school of Indiana University. The soundtrack, written by Doris Lyu, was performed alongside the film at the IU Theater during the April 2024 Double Exposure event.

This Short Film follows two men playing chess at Lake Monroe, their moves are based on the real game of chess, and scenes are interspersed with flashes of physical confrontation and fantasies of attacking or even killing their opponents. The director's cross-cutting as well as the cuts on action help the movie tie together the scenes of chess and fighting. The camera helps shape the tension and character relationships. The open ending is intriguing and gives the audience more room to capture their drama.

Nonetheless, the director makes it clear that there needs to be a theme at the end of the clip that identifies the mood of disappointment. The soundtrack helps to complete the ending of the movie, and the images and music are a unity that conveys the mood. From the beginning, the piano was chosen for the narrative, using fluid qualities to tie the entire movie together in rhythm and texture. The staccato of the strings is a powerful rhythm that drives the fights forward. As the chess game ends, the two men walk towards the lake. The piano shapes the "disappointment" with harmonic shifts, and the lake flows with the end titles, intertwining with the airy, long tones of the strings. The cold quality of the piano is a subtle expression of disappointment, and the sound is diffused.

Lake Monroe holds a lot. Human nature, struggle, psychological activity, truth, and fantasy. An exploration into the violent forces that undergird human society. How different are we really from the animals we call savage? How do we manage the cognitive dissonance required to distance ourselves from our primal nature? How loosely are our conceptions of humanity constructed, and what happens when that conception is stripped and laid bare for everyone to see? What motivates men to act against one another?

AUDIO LINKS

1m1 – LAKESIDE

1m2 – INCEPTION

1m3 – CHESS OR FIGHT?

1m4 – DISAPPOINTING

Concert Score

LAKE MONROE
SHORT FILM

Comp: Xinyu Lyu

1m1

♩ = 115

Bass Clarinet in B♭

Piano

pp

p

Synth

pp

Voice

♩ = 115

Violin I

Violin II

Violoncello

div. in 2

Contrabass

3 4 5 6 7 8 9

Pno.

Syn.

mf

p

mp

10 11 12 13 14 15 16 17 18 19 20 21

1m2 ♩ = 133

Pno.

Syn.

8va

pp

mp

p

25 26 27 28 31 32 33 34 35

8va

Pno.

mf

Voice

mp

p

Cb.

pizz.

div.

mf

36 37 38 39 40 41

♩ = 128

(8)

poco accel.

Pno.

mp

mf

Voice

mp

♩ = 128

unis.

poco accel.

Cb.

42 43 44 45 46 47

♩ = 138

Pno.

Voice

mf

♩ = 138

Vln. I

Vln. II

VC.

mp

mf

f

48 49 50 51 52

1m3 ♩ = 133

B. Cl. (B♭)

Syn.

Voice

♩ = 133

Vln. I

Vln. II

VC.

Cb.

pizz.
div.

arco.
unis.

53 54 55 56

B. Cl. (B♭)
Pno.
Syn.
Vln. I
Vln. II
VC.
Cb.
mf
pizz.
57
58
59
60
poco rit.
♩ = 126
f
ff
arco
61
62
63
64

poco accel. ♩ = 134

B. Cl. (B♭)

Pno.

poco accel. ♩ = 134

Vln. I

Vln. II

VC.

Cb.

65 66 67 68 69

B. Cl. (B♭)

Pno.

Vln. I

Vln. II

VC.

Cb.

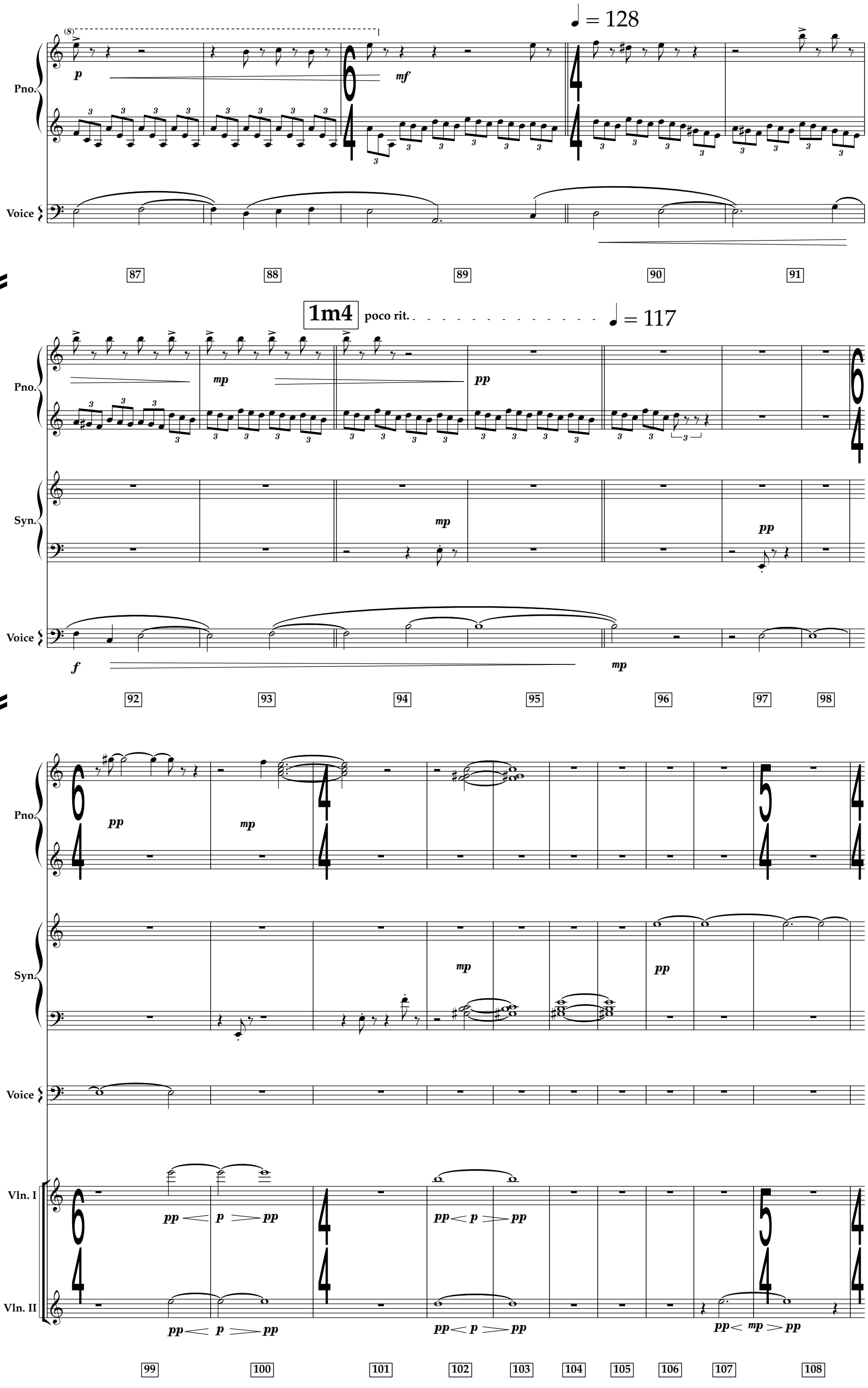
70 71 72 73 74

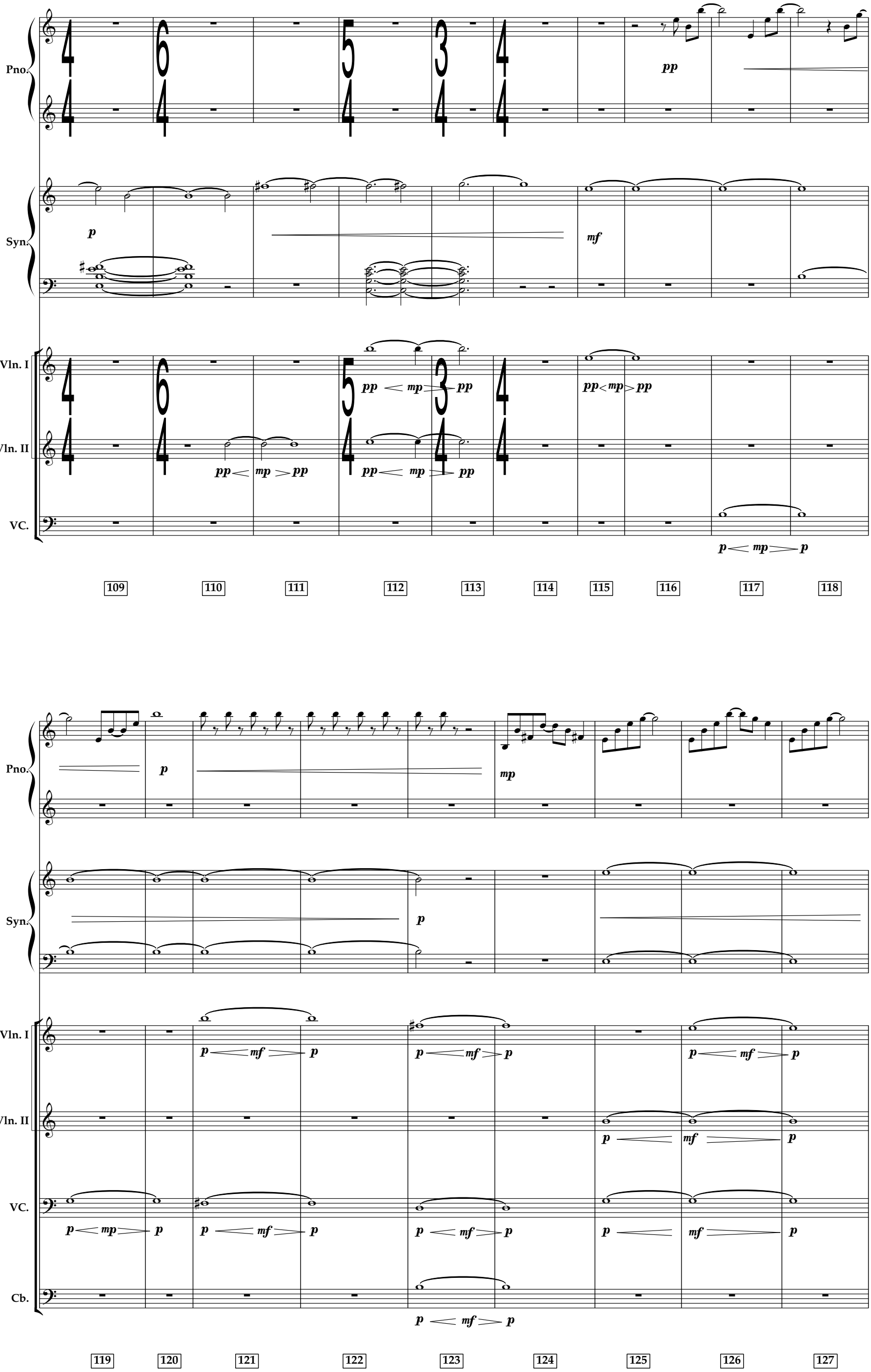
B. Cl. (B♭)
Vln. I
Vln. II
VC.
Cb.
Pno.
Voice

♩ = 138
♩ = 136
♩ = 133

f *ff* *mf*
8va
arco.

75 76 77 78 79 80
81 82 83 84 85 86


♩ = 128
Pno.
Voice
87
88
89
90
91
1m4
poco rit.
♩ = 117
Pno.
Syn.
Voice
92
93
94
95
96
97
98
Pno.
Syn.
Voice
Vln. I
Vln. II
99
100
101
102
103
104
105
106
107
108


Pno.
Syn.
Vln. I
Vln. II
VC.
Pno.
Syn.
Vln. I
Vln. II
VC.
Cb.
109
110
111
112
113
114
115
116
117
118
119
120
121
122
123
124
125
126
127

Pno.
Syn.
Vln. I
Vln. II
VC.
Cb.
128 129 130 131 132 133
Pno.
Syn.
Vln. I
Vln. II
VC.
134 135 136 137 138 139