



MARTIN COUNTY MENTAL HEALTH TASK FORCE

A helping hand
when you need
it most.



ORIGINS

Established in September 2019, the **Martin County Mental Health Task Force** was formed to create a strategic plan in response to a 2018-19 mental health community health assessment conducted by Indiana University School of Social Work students.

In March 2020, we became an action team of the **Ready Martin County Coalition** to facilitate the implementation and monitoring of mental health goals and objectives in the *Martin County Quality of Place and Workforce Attraction Plan* and the *Martin County Community Health Improvement Plan (CHIP)*.

The CHIP plan responds to data from community health needs assessments conducted by Indiana University School of Public Health, IU School of Social Work, Luddy School of Informatics, Computing, and Engineering, IU Center for Rural Engagement, Memorial Hospital and Healthcare Center (MHCCC), Daviess Community Hospital, and Good Samaritan Hospital.



MISSION

Promoting mental and emotional health and wellbeing for Martin County youth, adults, and families.



GOALS

As a group of local residents and community organizations, we are working together to plan and implement initiatives to improve mental health services in Martin County. We achieve these goals by:

- Increasing community engagement among residents and community organizations
- Informing residents about mental health resources
- Advocating for mental health needs
- Strengthening community partnerships to build local capacity to respond to mental health and substance use concerns

PRIORITY FOCUS AREAS

Health promotion and wellness

We are creating a coordinated response network informed by a group of like-minded individuals representing health professionals, community residents, persons with addictive behavior and substance use experiences living in long-term recovery and a multitude of other individuals eager to help residents in our rural community have access to quality care.

Education and health literacy

We are committed to deploying educational programs and preventative health screenings that will help individuals better understand the root causes of behavioral characteristics that cause the breakdown of wellness.





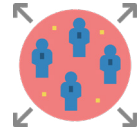
**Health promotion
and wellness**



**Education and
health literacy**



Access to care



Capacity

Access to care

Recognizing the need for services in our community and the five domains of Social Determinants of Health that impact mental health and well-being, we understand the vital need to cooperate with innovative systems of care such as Faith Net.

Continuing to monitor its progress, we intentionally create a space for our members to seek out additional opportunities to work with Faith Net partners to help sustain and grow it. This informing organizational care design model will provide that needed voice to show how specific systems of care programs decrease gaps in care as it impacts the quality of life and workforce development of individuals and organizations in and around the community while changing and shaping the contributing factors associated with unhealthy behaviors and living styles as we begin to better understand our neighbors that we live, work, and play with in Martin County.

Capacity building

The Martin County Mental Health Task Force is “a helping hand when it’s needed most.” To maintain our ability to help, our capacity must continue to grow. Creative, community, intellectual, and spiritual wellness are associated emotional wellness. Growing capacity to support whole person-centered health requires additional focus on the other priorities of Ready Martin County Coalition’s Community Health Improvement Plan.



COMMUNITY PARTNERS

One of the most significant accomplishments of the Martin County Mental Health Task Force is the diversity of our membership. We include representatives from public health and healthcare, local government, Loogootee and Shoals Schools, the faith community, community-based organizations, youth-serving organizations, and Indiana University academicians and staff, and more.

Community partners include:

- Department of Mental Health and Addictions
- Daviess Community Hospital
- Good Samaritan Hospital
- Martin County Health Department
- Memorial Hospital Healthcare Center
- Loogootee Schools
- IU Prevention Insights
- IU School of Public Health
- IU School of Social Work
- IU Center for Rural Engagement
- Purdue Extension 4H

LOCAL RESOURCES

We work to make community resources that promote mental and emotional health and well-being visible and accessible. Community partners facilitate the following programs and services:

Martin County Programs and Services

Visit www.findhelp.org.

Faith Net

Monday through Friday 8 a.m. to 4 p.m.

Contact Bachelors' Level Clinician, Shelby Gordon, at (812) 631-2079. If no answer, contact Mental Health Nurse Practitioner, Kendra Friedman at (812) 631-8421.

After hours, call the MHHCC Outpatient Help Line at (812) 996-2345.

Samaritan Center

200 S John F Kennedy Ave. Loogootee, IN 47553
(812) 295-3090

Celebrate Recovery @ Redemption Christian Church

1 Loogootee Plaza, Loogootee, IN 47553

Redeeming Grace Christian Women's Ministry

(812) 709-2397

Faith Community Nurses

St. John the Evangelist Catholic Church, 408 Church Street
Loogootee, IN 47553

Amy Todd, RN, BSN - Faith Community Nurse
(812) 295-2225

Youth First

(812) 421-8336



JOIN US

The Mental Health Task Force meets **every third Monday of the month at 10:00 a.m.** via Zoom.

You can be involved in the Martin County Mental Health Task Force as a **Participating Member or a Supporting Member**. Participating Members attend monthly meetings and are active in decision making. Supporting Members stay informed through email updates and are welcome to attend any meetings.

To join our email list, email Amy Todd (toddamy@iu.edu) or Elizabeth Christmas (echristmas@youthfirstinc.org).