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The Collection

This document is part of a collection that serves two purposes. First, it is a digital archive for a sampling of unpublished documents, presentations, questionnaires and limited publications resulting from over forty years of research. Second, it is a public archive for data on college student drinking patterns on the national and international level collected for over 20 years. Research topics by Dr. Engs have included the exploration of hypotheses concerning the determinants of behaviors such as student drinking patterns; models that have examine the etiology of cycles of prohibition and temperance movements, origins of western European drinking cultures (attitudes and behaviors concerning alcohol) from antiquity, eugenics, Progressive Era, and other social reform movements with moral overtones-Clean Living Movements; biographies of health and social reformers including Upton Sinclair; and oral histories of elderly monks.

Indiana University Archives

Paper manuscripts and material for Dr. Engs can be found in the IUArchives

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**TEACHING AND
USING MAGIC FOR
HIV PREVENTION:
Workshop Manual for HIV
Prevention Outreach Workers**

by

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**HIV and High Risk Youth:
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About the author

Dr. Ruth C. Engs, RN, EdD, Professor, Applied Health Science, has been a faculty member at Indiana University for over 20 years. She has written several books including Teaching Health Education in the Elementary School (with M. Wantz) and Alcohol and Other Drugs: Self Responsibility. Her primary area of research is the study of college student drinking patterns and other health related behaviors. She is a member of the INTERNATIONAL BROTHERHOOD OF MAGICIANS and has used magic in her teaching for several years. She also does table hopping and street magic. Besides being a magician she is also an instrument rated pilot, raises a few beef cattle on a Southern Indiana Farm and likes to play golf with her husband, Jeff Franz.

This HIV prevention through the use of magic workshop will teach several magic techniques and tricks which you, as an outreach worker or educator, can use as part of your education and prevention programming. These techniques are good attention getters, all have short educational messages and can be used with sexually active teenagers, young adults or "bar patrons". You might even wish to teach them to peer educators.

For this workshop I have included two categories of tricks: condom "presentations" (the appearance of something) and card tricks. All of them are based upon techniques used by the instructor in her teaching and all have been adapted to the prevention of HIV and other sexually transmitted diseases.

I realize that most of you have never done any magic, much less used it in a teaching situation. Therefore, I want to start by giving the BASIC GUIDELINES and CODE OF ETHICS of being a magician. These guidelines are followed by all reputable magicians, both amateur and professional.

1. First and most importantly after you have shown a trick NEVER TELL YOUR AUDIENCE HOW IT WAS DONE OR REVEAL THE SECRET OF THE TRICK. The reasons for this are many. First of all, you will find that most of the secrets or "gimmicks" to make a trick work are really easy once you know them. If you tell people how you did it, you ruin the effect for that person. The allure and mystery of magic is not really knowing how it is done but having fun attempting to guess the secret and delighting in the fact that the magician makes something look possible that really isn't.

You may teach these techniques to peer educators. However, it is important to remind them that when they present the effects they need to follow the magicians code of ethics. All of these tricks can be found in various publications. Primarily I have created the "patter" (verbal message) to go with the trick and, in some cases, a variation of the classic gimmick.

For this workshop, I will first do all of the magic effects. After all of the tricks have been shown, I will then demonstrate how they are done and assembled. Finally, you will be given time to assemble and practice them in small groups. In this text the description of the effect will first be presented. After the description the method of doing the trick will be described. Some examples of educational messages to go with the trick will also be given.

After you have shown a trick and people ask you how it is done, say, "magic" with a smile. If they guess how you might have done it, say, "that's a good guess", smile, but neither confirm or deny their guess.

2. **NEVER REPEAT A TRICK FOR THE SAME AUDIENCE.** The more often you repeat a trick the more likely the audience is to figure out how you did it. Magic works by surprise as people don't know what you are planning to do next. Do a different trick with a similar theme.

For this workshop, I have included several condom and several card tricks. When someone says, "do that one again with the condom for my friend", do another condom one. If you are walking around a teen hangout or a bar, it is easy to go from one group to the next without repeating the tricks. You will also need to "reset" some of the tricks.

3. **PRACTICE, PRACTICE, PRACTICE.** Do not do the trick unless you have practiced it. The best place to practice is in front of a mirror. Next try it out on your significant other or friends.

4. If you are watching a magician perform, never reveal the trick to your friends or audience. Give h/her the same respect that you would expect from a magician watching you perform a trick.

5. **READ magic books AND WATCH magicians perform.** If you find magic fun and a good attention getter, you may wish to learn more. Most of the magic books listed below can be found in your public library.

6. **GIVE CREDIT TO THE ORIGINATOR OF ORIGINAL TRICKS** or **PATTER** when teaching the technique. For example, the **COIN TO THE CONDOM** **PATTER IS MY INVENTION** but the "gypsy switch" technique is ancient and can be found in many books including Klutz Book of Magic.

Some Basic References

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- McGill, O. Science Magic: 101 Experiments You Can Do. Prentice Hall: New York, 1984
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- Wilson, M. Mark Wilson's Complete Course in Magic. Ottenheimer Publ. : Philadelphia, 1988

Condom out of pamphlet or newspaper

THE EFFECT: The magician educator shows a newspaper or an HIV prevention pamphlet on both side. H/she rolls it into a cone, says a magic word and pulls out a condom. H/she then rolls the condom over the end of the cone to show its use.

THE SECRET: Get a newspaper or a pamphlet which has several pages. Glue the bottom part of the left edge of two pages together to form a pocket. Fold out a condom into this pocket.

When ready to present unfold document and hold pocket closed with left fingers. Show both sides of publication. Fold publication into a cone and pull condom out of pocket. Place the condom - or a packaged one which you have on hand - over the end of the cone to demonstrate how it is put on the penis.

THE PATER: "I'm sure you have read in the newspaper" - (alternatively) "You can read in this pamphlet" - "how to reduce your risk of getting HIV. It is important to plan ahead .. if you are even thinking that there is a remote possibility that you might have sex, bring a condom with you. A condom is used by rolling it over the penis before intercourse. After ejaculation it is important to hold your fingers on top the condom so that it won't slip off and spill semen which could contain the HIV virus or other STDs."

NOTES: Make sure you have condoms to hand out.

Condoms can help prevent HIV but the pill won't

THE EFFECT: The educator magician shows h/her left hand and sleeve with nothing in it, then shows h/her right hand empty. H/she reaches into the air and grabs at it. H/er left hand pulls at air near R hand and condom materializes. Then a small pill bottle, or pill bottle cap appears in the left hand.

THE SECRET: Have in your right pocket the small pill bottle, bottle cap or "hank ball" (get in magic supply house) in which condom has been stuffed in. Put both hands in your pockets. Palm gimmick in R hand. Bring out both hands out and pull sleeve of left hand. Lower hands and roll gimmick from R to L palm. Show R hand empty. Reach into the air with R hand. Make motions of pulling at something with your left hand. Grab condom with right finger and wave in the air. Then roll out gimmick in left hand.

THE PATTERN: "At the last minute it would be nice to pull something out of my left sleeve to prevent HIV .. or even my right sleeve .. or the air .. but that is wishful thinking.. plan ahead and bring a condom.. by the way the pill won't prevent sexually transmitted disease or HIV.

NOTES: You can cut a 3/4" round hole in a ping pong or hollow golf practice ball to use as the gimmick. Small prescription pill bottles or elongated bottle caps can also be used. If you can obtain them use colored condoms for this trick. Have packaged condoms to give to people at the end of this trick

Coin into condom

THE EFFECT: The volunteer examines a 50 cent piece. The magician educator places it on top of a scarf or bandanna which is draped over h/her hand. The magician begins to twist the scarf around the coin and has the volunteer hold the coin within the scarf, while h/she goes into h/her pocket for some magic health dust. When the dust is sprinkled over the coin the magician invites the volunteer to open the scarf. The coin has changed into a round condom. A condom is then given to the volunteer.

THE SECRET: In the right pants or jacket pocket, place a round gold foil covered condom and a scarf or bandanna. Ask for assistance from a volunteer and while he/she is examining a 50 cent piece, "palm" the condom (hold condom between base of thumb and little finger) and pull out the scarf with Right hand. Place the scarf over the hand, palm up, with the condom resting on the palm. With left fingers place the coin on the scarf over the condom. Grab coin and scarf, with condom under it, with left first and second fingers. With right hand begin to appear to twist the coin into the scarf. In reality let it slide into your right hand. Palm it. Have volunteer hold onto scarf over condom - which audience thinks is still the coin -while you go into your pocket and drop coin. Bring out imaginary dust and sprinkle with your right hand over the scarf. Have the volunteer open the scarf. Then give the volunteer a condom to keep. This technique is called the "gypsy switch".

THE PATTERN: "If you do not have sex until you are married- (Alternately to older individuals) "if you have a long term monogamous relationship-, there is little chance that you will catch HIV or another STD. HIV can kill you, Gonorrhea and Chlamydia can make you sterile, and if you get herpes you have it for life. Therefore, if you should choose to have sex, there is something for about 50 cents which you can buy which can cut the risks of these diseases . . a condom."

NOTES: Since the gold foil covered condoms are expensive, have plenty of regular condoms to give to people. Most Regular packaged condoms make noise under the scarf so can't be used. If a brand is found which does not crackle, you can use a dollar bill folded up instead of a coin.

Will the cards match?

THE EFFECT: The magician educator has two identical piles of five cards. He has a volunteer tell him which pile to pull cards from while spelling out, "Will the cards match". At the end of each word, a card from each pile is laid face down on the table as a pair. After all cards have been placed on the table, all pairs are seen to match.

THE SECRET: Get a sheet of card stock and a regular playing card. Use it to trace out a pattern for 10 cards. You may use the cards as they are or glue them to the back of regular playing cards. Hand print or duplicate the following words, one word for each card for the two sets of five cards.

I'LL ALWAYS USE CONDOMS EVERYTIME

Before presenting, place the cards in the following order in deck # 1: I'LL ALWAYS USE CONDOMS EVERYTIME. For deck # 2, reverse the order so it reads: EVERYTIME CONDOMS USE ALWAYS I'LL. To present, show both stacks and read the sentence spelled out by the cards. Place decks on table face down. Ask volunteer to tell you which pile to take the cards from as you spell out, "will the cards match". As you spell each letter for each word, put the card on the bottom of the deck. At the end of each word, after you have placed card on the bottom, take the top cards off each deck and place them face down as a pair. You continue until all of the cards have been paired. Then you turn them all faceup.

THE PATTERN: "I have two stacks of identical cards, they both say, 'I'll always use condoms everytime'. You are going to help me to spell out the words, 'will the cards match'. You tell me which deck to start with. When we come to the end of a word I'll place a card from each pile on the table. . look they all match .. if you are going to match up with someone always use a condom".

NOTES: Other messages you might want to use are "PLAN AHEAD BRING YOUR CONDOMS" OR "ALWAYS HAVE CONDOMS WITH YOU."

I'll tell you your card

THE EFFECT: The magician educator lays out nine cards. H/she asks a volunteer to select out any card and tell h/her what row it's in. The magician lays the cards out again and asks what row it is now in. The magician picks up the cards and turns up the one the volunteer guessed.

THE SECRET: You will need one piece of card stock. Trace out 9 cards using a regular playing card as a pattern. On each of the cards place one of the following words. Follow the instructions for making cards from the previous trick.

PEOPLE IN THEIR 20'S USUALLY CAUGHT IT AS TEENS

This is a simple "matrix" card effect which the author learned when she was 10 years old to amuse her younger sister. Lay the cards down so the audience can easily read, "people in their 20's got it in their teens" in a 3 X 3 pattern. Ask volunteer to select a card and to tell you what row it is in. You know it must be one of the three cards in that row. When you pick up the cards pick up this row last. Lay these cards in a diagonal as you appear to placing the cards on the table randomly. Now ask volunteer what row it's in. You now know the card. Pick the cards up and place the volunteer's card on bottom. Now spell out "plan ahead", "use condom", "HIV kills" or any other 9 letter message. The last card will be the volunteer's chosen card.

THE PATTERN: "Did you know that people in their 20's who have HIV generally got it as teens. I would now like you to select a card and tell me what row it's in.. now what row . . its always important to (spell out): P - L - A - N - A - H - E - A - D. I believe this is your card"

NOTES: You can use other messages on the cards. They just need to be nine words long. Another example: "Plan ahead have lower risk sex with a condom", "Always plan ahead and bring a condom with you" or "The safest sex is to wait until you're pairbonded".

Surprise your partner may have also lied

THE EFFECT: The magician educator shows three cards, a Jack, Queen and two of hearts. The two has a different colored back. The magician takes this card and places it face down on the table. H/she shows the face of the two cards h/she holds in h/her hand. The magician says the magic word and tells the printing on the card to jump into h/her pocket. H/she then removes the card from the pocket and turns it face up. It is the two of hearts. He then asks a volunteer turn the card up which is on the table. The card says, "Surprise your partner may have also lied".

THE SECRET: You need 5 cards. A regular Jack and Queen. A half cut two of hearts with a different colored back and a surprise card with the same different colored back as the two of hearts. Cut out the illustrated two of hearts found on the next page and tape it along its second longest side at a 30 degree angle onto the card which will be on the left (Queen).

To present, slip the card with the "surprise" message under this cut portion face up so that it is not seen. Place a Jack over this on the right. After showing both sides of the three cards which are fanned out, pull out the middle card and keep it face down. When you begin to turn the Queen and Jack face up, move the Jack so that it covers the half card pasted on the left card. Pull the card with the two of hearts card out of your pocket. Have volunteer turn up "surprise card" which is on the table face down.

THE PATTERN: "I have three cards. A two of hearts which is symbolic for passion between the Jack and Queen. This young Jack says to the queen, "I never have had sex with anyone before, I'll always love you, and if you loved me you would prove it by having sex with me now". The Queen finally gives in and gives away her love. However, the passion and love soon disappears between them and the two of hearts jumps into this pocket to find some other victims. Did you see it jump .. here it is, if this is the two of hearts what's that card?"

NOTE: You may make this effect more interesting by pasting regular playing card of another design on the back of the middle surprise card and the two of hearts in your pocket.

MAKING CARDS: You may use duplicate two of hearts from two different decks with the same colored back. However, you may also use the following diagrams for making the cut up two of hearts and the "Surprise card" in poker deck size. It is suggested that you copy this actual size card shape onto card stock and then glue it to the back of regular playing cards.

**SURPRISE !
YOUR PARTNER
MAY HAVE ALSO
LIED**

