

Influences on College Success

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Thank You

▶ Participants

Previous Research

- ▶ Tends to agree on three influences:
 - ▶ Gender
 - ▶ Happiness
 - ▶ Home Environment
- ▶ Differences in study techniques across genders
- ▶ Personality and mood stabilizes during late teens/early twenties
- ▶ Home environment is thought to be influential on college success because of its influence on happiness

Current Study

- ▶ Better home environments will result in higher levels of happiness
- ▶ Happier students will do better in college
- ▶ Students with better home environments will do better in college
- ▶ Gender will have an influence on college success

Methods- Participants

- ▶ 101 students
- ▶ Gender
 - ▶ 21 males
 - ▶ 77 females
 - ▶ 3 bigender
- ▶ Age
 - ▶ 18-34 ($M = 21.59$)
- ▶ Primarily Caucasian

Procedures

- ▶ Online Questionnaire
- ▶ Four Sections
 - ▶ Demographics
 - ▶ Home Environment
 - ▶ Modified Global Happiness Scale (Parackal, 2016)
 - ▶ College Success

Correlational Results

- ▶ Better home environments were correlated with higher happiness levels
- ▶ Happier students were found to have more success in college.
- ▶ Better home environments correlated with higher success in college

T-test Results

- ▶ Gender was found to have no influence on college success

Conclusions

- ▶ Students need relationships to do well in classes
 - ▶ Quiet study environments
- ▶ Take time for mental health

Future Research

- ▶ Relationship between sexual orientation and college success.

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Questions?