

Dr. Ruth C(lifford) Engs - Presentations, Publications & Research Data Collection.

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The Collection

This document is part of a collection that serves two purposes. First, it is a digital archive for a sampling of unpublished documents, presentations, questionnaires and limited publications resulting from over forty years of research. Second, it is a public archive for data on college student drinking patterns on the national and international level collected for over 20 years. Research topics by Dr. Engs have included the exploration of hypotheses concerning the determinants of behaviors such as student drinking patterns; models that have examine the etiology of cycles of prohibition and temperance movements, origins of western European drinking cultures (attitudes and behaviors concerning alcohol) from antiquity, eugenics, Progressive Era, and other social reform movements with moral overtones-Clean Living Movements; biographies of health and social reformers including Upton Sinclair; and oral histories of elderly monks.

Citation for this item

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Indiana University Archives

Paper manuscripts and material for Dr. Engs can be found in the IUArchives

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SUNY Potsdam

STUDENT ALCOHOL QUESTIONNAIRE^a and the CODE^b



Indiana
University

Code name _____

We are conducting a national study of college students knowledge, attitudes and behaviors concerning alcohol and hope that you will volunteer to complete this questionnaire. **DO NOT** write your name on this questionnaire as we wish to retain your anonymity.

FILL IN THE NUMBER WHICH APPLIES TO YOU IN THE BOX BESIDE THE QUESTION.

<input type="checkbox"/>	1	<input type="checkbox"/>	5
<input type="checkbox"/>	2	<input type="checkbox"/>	6
<input type="checkbox"/>	3	<input type="checkbox"/>	7
<input type="checkbox"/>	4	<input type="checkbox"/>	8

(office use)

1. Your sex: 1. Male 2. Female

2. Your age: (write in)

3. Your major:

1. Social science 2. Arts and Humanities 3. Psychology 4. Pre-social work 5. Nursing
6. Pre-law 7. Education 8. Pre-med 9. Forensic studies 10. Health sciences/Education
11. Physical sciences 12. Physical education 13. Engineering 14. Religion
15. other _____
(write in)

4. Year in School:

1. Freshman 2. Sophomore 3. Junior 4. Senior 5. Graduate 6. other _____
(write in)

5. Average Grade Point Average:

- (4.0 = "A", 3.0 = "B", etc.) 1. 4.0 2. 3.5 3. 3.0 4. 2.5 5. 2.0 6. under 2.0

6. Race:

1. White or Caucasian 2. Black or Afro-American 3. Spanish American 4. Oriental or Asian American
5. Native American Indian 6. Foreign Student 7. Other _____
(write in)

7. What religion were you brought up in?

1. Roman Catholic 2. Jewish 3. Protestant (religion allows drinking of alcoholic beverages)
4. Protestant (religion does not allow drinking) 5. None or other _____
(write in)

8. How important is religion to you?

1. Very important 2. Moderately important 3. Mildly important 4. Not important

WE WOULD LIKE TO ASK YOU ABOUT YOUR DRINKING PATTERNS

9. Let's first take beer. How often, on the average, do you usually have a beer? (If you do not drink beer at all, go to question 11)

1. every day
2. at least once a week but not every day
3. at least once a month but less than once a week
4. more than once a year but less than once a month
5. once a year or less

10. When you drink beer, how much, on the average, do you *usually* drink at any one time? 19
1. more than 1 six pack (6 or more cans or tavern glasses)
 2. 5 or 6 cans of beer or tavern glasses
 3. 3 or 4 cans of beer or tavern glasses
 4. 1 or 2 cans of beer or tavern glasses
 5. less than 1 can of beer or tavern glass
11. Now let's look at table wine. If you do not drink wine at all, go to question 13. How often do you *usually* have wine? 20
1. every day
 2. at least once a week but not every day
 3. at least once a month but less than once a week
 4. more than once a year but less than once a month
 5. once a year or less
12. When you drink wine how much, on the average, do you *usually* drink at any one time? 21
1. over 6 wine glasses
 2. 5 or 6 wine glasses
 3. 3 or 4 wine glasses
 4. 1 or 2 wine glasses
 5. less than 1 wine glass of wine
13. Next we would like to ask you about liquor or spirits, (whiskey, gin, vodka, mixed drinks, etc.). If you do not drink liquor at all, skip question 13 and 14. How often do you *usually* have a drink of liquor? 22
1. every day
 2. at least once a week but not every day
 3. at least once a month but less than once a week
 4. more than once a year but less than once a month
 5. once a year or less
14. When you drink liquor how many, on the average, drinks do you *usually* drink at any one time? 23
1. over 6 drinks
 2. 5 or 6 drinks
 3. 3 or 4 drinks
 4. 1 or 2 drinks
 5. less than 1 drink

The following are common results of drinking that other students have reported. If you have never had a drink at all go to question 32. If you currently drink or have been drunk in the past put the number corresponding to the frequency of the occurrences in the box beside it.

1. at least once during the past two months and at least one additional time during the past year.
2. at least once within the past two months but not during the rest of this past year.
3. not during the past two months but at least once during the past year.
4. has happened at least once in my life but not during the past year.
5. has not happened to me.

- | | | | |
|---|--------------------------|---|--------------------------|
| 15. have had a hangover | <input type="checkbox"/> | 24. been criticized by someone you were dating because of your drinking | <input type="checkbox"/> |
| | 24 | | 33 |
| 16. have gotten nauseated and vomited from drinking | <input type="checkbox"/> | 25. trouble with the law because of drinking | <input type="checkbox"/> |
| | 25 | | 34 |
| 17. driven a car <i>after</i> having several drinks | <input type="checkbox"/> | 26. lost a job because of drinking | <input type="checkbox"/> |
| | 26 | | 35 |
| 18. driven a car when you know you have had too much to drink | <input type="checkbox"/> | 27. got a lower grade because of drinking too much | <input type="checkbox"/> |
| | 27 | | 36 |
| 19. drinking <i>while</i> driving a car | <input type="checkbox"/> | 28. gotten into trouble with the school administration because of behavior resulting from drinking too much | <input type="checkbox"/> |
| | 28 | | 37 |
| 20. come to class after having several drinks | <input type="checkbox"/> | 29. gotten into a fight after drinking | <input type="checkbox"/> |
| | 29 | | 38 |
| 21. "cut a class" after having several drinks | <input type="checkbox"/> | 30. thought you might have a problem with your drinking | <input type="checkbox"/> |
| | 30 | | 39 |
| 22. missed a class because of a hangover | <input type="checkbox"/> | 31. damaged property, pulled false fire alarm, or other such behavior after drinking | <input type="checkbox"/> |
| | 31 | | 40 |
| 23. arrested for DWI (Driving While Intoxicated) | <input type="checkbox"/> | | |
| | 32 | | |

WE WOULD NOW LIKE TO ASK YOU SOME INFORMATION ABOUT ALCOHOL

The questions will either be TRUE OR FALSE. If you do not know the answer to the question **DO NOT GUESS**. Mark a "0" in the box.

If you think the answer is **TRUE**, write "1" for true.

If you think the answer is **FALSE**, write "2" for false.

If you **do not know** the answer write "0" in the box.

- 32. Drinking milk before drinking an alcoholic beverage will slow down the absorption of alcohol into the body.
- 33. Wines are made by fermenting grains.
- 34. Alcoholic beverages do not provide weight increasing calories.
- 35. In America drinking is usually considered an important socializing custom in business, for relaxation and for improving interpersonal relationships.
- 36. Gulping of alcoholic beverages is a commonly accepted drinking pattern in this country.
- 37. Alcohol is usually classified as a stimulant.
- 38. Alcohol is not a drug.
- 39. A blood alcohol concentration of 0.1% is the legal definition of alcohol intoxication in most states in regards to driving.
- 40. Approximately 10% of fatal highway accidents are alcohol related.
- 41. Alcohol was used for centuries as a medicine in childbirth, sedation, and surgery.
- 42. Table wines contain from 2-12% alcohol by volume.
- 43. It is estimated that approximately 85% of the Adult Americans who drink misuse or abuse alcoholic beverages.
- 44. Many people drink to escape from problems, loneliness and depression.
- 45. Liquor mixed with soda pop will affect you faster than liquor drunk straight.
- 46. The most commonly drunk alcoholic beverage in the United States are distilled liquors (whiskey, gin, vodka).
- 47. A 150 pound person, to keep his blood alcohol concentration below the legally intoxicated level, means that he would have to drink less than 3 beers in an hour.
- 48. A person cannot become an alcoholic by just drinking beer.
- 49. To prevent getting a hangover one should sip his drink slowly, drink and eat at the same time, space drinks over a period of time, and don't over drink for your limit.
- 50. Responsible drinking can result in relaxation, enhanced social interactions, and a feeling of well being.
- 51. Distilled liquors (gin, whiskey, vodka, etc.) usually contain about 15-20% alcohol by volume.
- 52. Moderate consumption of alcoholic beverages is generally *not* harmful to the body.
- 53. It takes about as many hours as the number of beers drunk to completely burn up the alcohol ingested.

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54. An ounce of whiskey contains about 60 calories.
55. Many people drink for social acceptance, because of peer group pressures, and to gain adult status.
56. A blood alcohol concentration of .02 causes a person to be in a stupor.
57. Liquors such as gin, scotch, and whiskies are usually distilled from mashes made from fermenting grains.
58. Proof on a bottle of liquor represents half the per cent of alcohol contained in the bottle.
59. The United States lacks a national consensus on what constitutes the responsible use of alcoholic beverages.
60. There is usually more alcoholism in a society which accepts drunken behavior than in a society which frowns on drunkenness.
61. Beer usually contains from 2-12% alcohol by volume.
62. Eating while drinking will have no effect on slowing down the absorption of alcohol in the body.
63. Drinking coffee or taking a cold shower can be an effective way of sobering up.
64. Wines throughout history have been commonly drunk at religious ceremonies and family gatherings.
65. Drinking of alcoholic beverages has been common in the U.S.A. since the Puritans first settled here.
66. Alcohol has only been used in a very few societies throughout history.
67. Liquor taken straight will affect you faster than liquor mixed with water.

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WE WOULD NOW LIKE TO ASK YOU ABOUT SOME OF YOUR FEELINGS

Mark the extent to which each of the following occurred in the environment in which you grew up as a child.

	<u>Never</u>	<u>Rarely</u>	<u>Sometimes</u>	<u>Often</u>	
68.	_____	_____	_____	_____	Emotional abuse (told I was bad, fat, dumb, etc)
69.	_____	_____	_____	_____	Conflict between parents.
70.	_____	_____	_____	_____	Conflict between me and one or both of my parents.
71.	_____	_____	_____	_____	Tension
72.	_____	_____	_____	_____	Uncertainty.
73.	_____	_____	_____	_____	Overreaction on parents' part to a minor misbehavior
74.	_____	_____	_____	_____	Attempts by me to change a parents' drinking behavior.

Mark the appropriate space regarding how often you have felt or experienced each of the following over your lifetime:

	<u>Never</u>	<u>Rarely</u>	<u>Sometimes</u>	<u>Often</u>	
75.	_____	_____	_____	_____	Observed myself to be an approval seeker losing my own needs in the process
76.	_____	_____	_____	_____	Felt no sense of power or choice in the way I lived.
77.	_____	_____	_____	_____	Had difficulty in establishing boundries between myself and others.
78.	_____	_____	_____	_____	Thought of myself as a problem drinker.
79.	_____	_____	_____	_____	

Code name: _____

STUDENT HEALTH STUDY

- ____ 1. Religion: A. Protestant B. Catholic C. Jewish D. Other
- ____ 2. Importance of Religion to You: A. Very B. Moderately C. Mildly
D. Not Important
- ____ 3. Marital Status: A. Married B. Single C. Divorced
- ____ 4. Do you or did you have a parent or grandparent who sometimes or often drinks/drunk too much? A. Yes B. No

Use the following numbers to fill out your degree of concern for yourself or others in terms of physical, mental and social health for the following items:

- A. Not Concerned
B. Mildly Concerned
C. Moderately Concerned
D. Very Concerned
E. Extremely Concerned

- | | | |
|---|--|--------------------------------------|
| ____ 5. Acne | ____ 23. Eye Disorders and Blindness | ____ 39. Overweight |
| ____ 6. Airplane Accidents | ____ 24. Emphysema or Respiratory Disease | ____ 40. Poor Teeth Decay |
| ____ 7. Air pollution | ____ 25. Firearm Accidents | ____ 41. Population Explosion |
| ____ 8. Accidents due to Electric Current | ____ 26. Heart Disease | ____ 42. Pregnancy |
| ____ 9. Alcohol Dependence | ____ 27. Halitosis (bad breath) or body odor | ____ 43. Sex Behavior |
| ____ 10. Nuclear Warfare | ____ 28. Homosexuality | ____ 44. Poisoning by snakes |
| ____ 11. Auto Accidents | ____ 29. Kidney Diseases | ____ 45. Radiation |
| ____ 12. Biological and Chemical Warfare | ____ 30. Liver Diseases | ____ 46. Riots |
| ____ 13. Birth Control | ____ 31. Masturbation | ____ 47. Smoking and Disease |
| ____ 14. Being Burned | ____ 32. Mental Illness | ____ 48. Starvation and Malnutrition |
| ____ 15. "Colds" | ____ 33. Moodiness | ____ 49. Sterility |
| ____ 16. Cancer | ____ 34. Mononucleosis ("mono") | ____ 50. Suicide |
| ____ 17. Childbirth | ____ 35. Nausea | ____ 51. Tuberculosis ("TB") |
| ____ 18. Death | ____ 36. Nervousness | ____ 52. Use of Contraceptives |
| ____ 19. Drowning | ____ 37. Combat | ____ 53. Water Pollution |
| ____ 20. Drug Abuse | ____ 38. What I'll be like in 10 or 15 years | ____ 54. AIDS |
| ____ 21. Headaches | | |
| ____ 22. Sexually Transmitted Disease Other than AIDS | | |

Mark the extent to which each of the following occurred in the environment in which you grew up as a child:

	Never	Rarely	Sometimes	Often	
75.	_____	_____	_____	_____	Emotional abuse (told I was bad, fat, dumb, etc.)
76.	_____	_____	_____	_____	Conflict between parents
77.	_____	_____	_____	_____	Conflict between me and one or both of my parents
78.	_____	_____	_____	_____	Tension
79.	_____	_____	_____	_____	Uncertainty
80.	_____	_____	_____	_____	Overreaction on parents' part to a minor misbehavior
81.	_____	_____	_____	_____	Attempts by me to change a parent's drinking behavior.

Mark the appropriate space regarding how often you have felt or experienced each of the following over your lifetime.

	Never	Rarely	Sometimes	Often	
82.	_____	_____	_____	_____	Observed myself to be an approval seeker losing my own needs in the process
83.	_____	_____	_____	_____	Felt no sense of power or choice in the way I lived
84.	_____	_____	_____	_____	Had difficulty in establishing boundaries between myself and others
85.	_____	_____	_____	_____	Thought of myself as a problem drinker