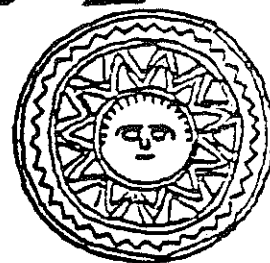


THE DIGEST

A Newsletter for —

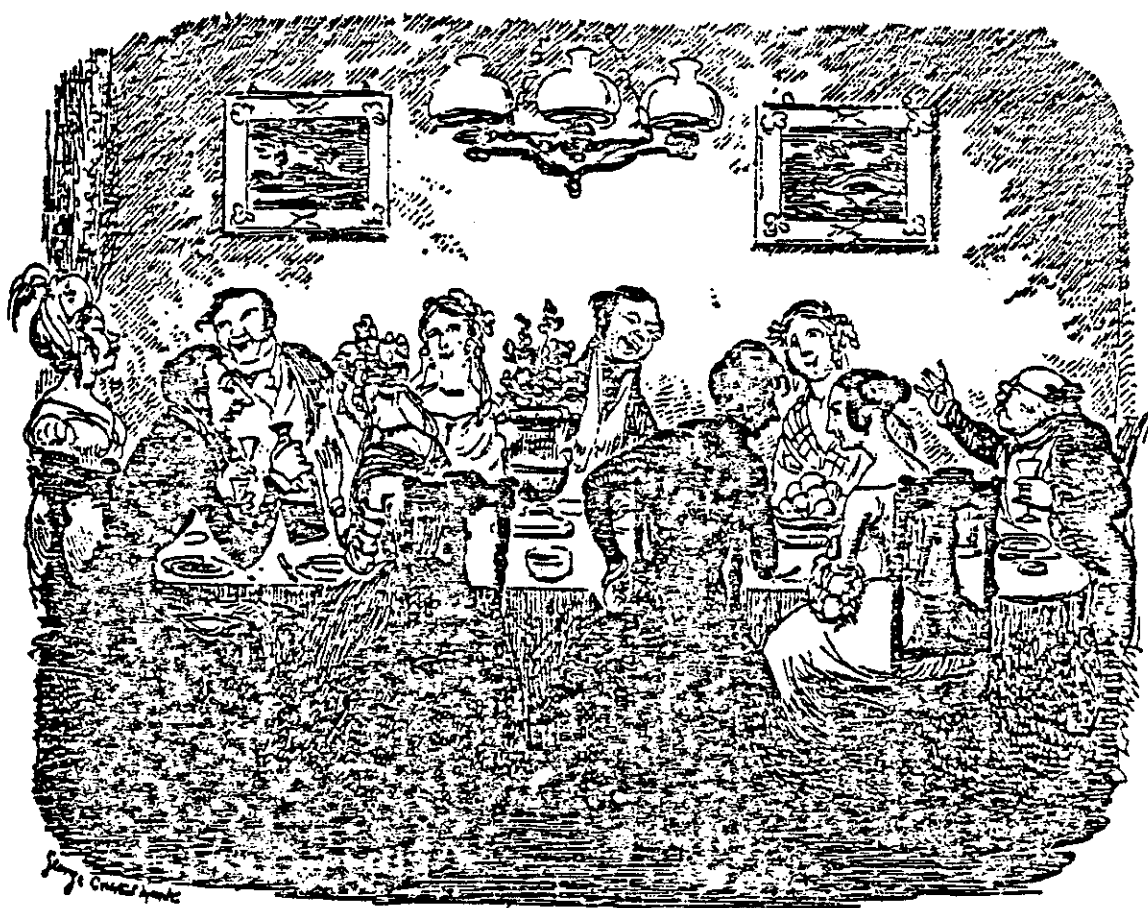
The Interdisciplinary Study of Food



VOLUME IV, no. 2

Spring, 1982

This issue of the Digest contains an updated "Directory of Researchers in the Interdisciplinary Study of Food." Basically it is a reproduction of our subscription list with additional information provided by those who sent in the questionnaire attached to the last two issues. This is the last issue for the academic year; no. 3 will appear in the fall. Should you have any inquiries or problems with your subscription over the summer please notify Nancy Klavans, The Digest, Dept. of Folklore and Folklife, 415 Logan Hall/CN, Univ. of Pennsylvania, Philadelphia, PA 19104.



ANNOUNCING:

JOURNAL OF NUTRITION EDUCATION

Some readers might not be aware of a pertinent food-related periodical, the Journal of Nutrition Education. The March 1982 issue contains such articles as "Folklore for Nutrition Education" by Eliot A. Singer, "The Nutrition Educator's Role in Access to Food--From Individual Orientation to Social Orientation" by Wenche Barth Eide, and "Nutrition Knowledge of Vegetarians and Non-Vegetarians" by Jeanne H. Freeland-Graves et al. Currently in its 14th year of publication the Journal is available from the Society for Nutrition Education, Subscription Dept., 1736 Franklin St., Oakland, CA 94612. Rates are \$25(US) and \$27 (other countries plus \$15 for airmail).

FORTHCOMING INDEX OF BACK ISSUES

Digest subscriber Renee Valeri of the University of Chicago has heeded last issue's plea for assistance in indexing back issues of the Digest. The index will appear in an early issue of vol. 5.

THE AMERICAN INSTITUTE OF WINE AND FOOD

Plans are underway for the establishment of the American Institute of Wine and Food, an international center for the gathering, preservation and dissemination of gastronomic knowledge and the promotion of scholarly research. The Institute, to be located on the campus of the University of California, Santa Barbara, will be a non-profit organization of professionals in the food and wine field.

The Institute will house a library of gastronomy centered around the Simon/Lowenstein collection of over 1,000 rare books on food and wine dating from the early 1600's to the mid-19th century. Fundraising is under way to acquire the collection and remodel a building on the UCSB campus for the Institute's headquarters.

The Institute is an organization of scholars and professionals in all phases of the food and wine industry, dedicated to the study, the development and the appreciation of gastronomy in all its manifestations, from growing and farming through preparation, presentation and consumption. Its membership will include growers, farmers, suppliers, restaurateurs, winemakers, writers, teachers and the public at large--anyone with a serious interest in food and wine. Membership benefits will include the Institute's monthly newsletter and quarterly journal, access to the Institute's library and other facilities and discounts on publications and programs of the Institute.

The Institute will not be a teaching facility per se. It is intended to be a repository of knowledge and a center of information. Its founders envision a computerized information network in which the Institute's own library and other libraries, schools, museums, and sources of related knowledge can be catalogued. A primary goal is to preserve, in audiovisual as well as written form, traditions and techniques which are in danger of being lost.

In addition to the scholarly study and the aesthetic appreciation of food and wine, the Institute will support the essential task of preserving and improving the quality of the soils and farmlands upon which gastronomy ultimately depends. It will encourage the development of truly sustainable agriculture and the improvement of food production techniques around the world.

The Institute is currently in the fundraising stage. Immediate priorities are acquisition of the library and renovation of the existing building on the UCSB site. Long-range goals include: 1) establishment of computer and audiovisual information systems for the library; 2) facilities for practicing, demonstrating and recording techniques of food preparation and presentation; 3) development of a living botanical museum of culinary herbs and food plants, which would also supply some of the needs of the Institute's dining facilities; 4) space for seminars, conferences and symposia on subjects of gastronomic interest, with housing for participants; 5) a small winemaking facility for the qualitative study of winemaking; 6) publication of reprints and facsimile editions of historic books as well as contemporary books and audiovisual records of Institute programs.

Incorporated in September, 1981, the Institute was conceived earlier that year at a dinner party in Santa Barbara. Richard Graff, founder of Chalone Vineyard and currently president of the Institute, author and cooking teacher Julia Child, and UCSB Chancellor Robert Huttenback discussed the idea of a center for gastronomic research and education. Huttenback suggested affiliation with the University as an independent institute and offered the use of a vacant building and site on the West Campus of UCSB. (Faculty approval of the plan has been secured.)

Later the same year, an outstanding collection of rare books and food and wine came onto the market. The Simon/Lowenstein collection comprises the private libraries of Andre Simon, leading English food writer, wine expert and bibliophile, and Eleanor Lowenstein of the Corner Book Shop in New York, whose knowledge of books on gastronomy was legendary. The books cover both European and American gastronomy and date from 1600 to 1860. David Segal, Professor of Economics at Harvard and a friend of Julia Child, acquired the entire Simon/Lowenstein collection with a view to keeping a few volumes and reselling the rest. However, he was persuaded by Julia Child to offer the collection of over 1,000 volumes to the Institute at his cost of \$118,000. Lila and William Jaeger, of Freemark Abbey and Rutherford Hill wineries in the Napa Valley, have purchased the collection on behalf of the Institute and are holding it in trust until the Institute can raise the necessary funds.

In addition to the Santa Barbara facility, the Institute plans to acquire a building or other space in San Francisco at which a branch library and computer terminal will be established, tying into the Institute's information network. There will be facilities for meetings, demonstrations and lectures as well as dinners and receptions. The San Francisco chapter headquarters will be a model for similar chapters to be established in other major cities of the world.

The Directors of the Institute are Julia Child, English food scholar Alan Davidson, Richard Graff, Robert Huttenback, David Segal, and chef and teacher Jeremiah Tower. Among the hundred Advisors are writer James Beard, winemaker Robert Mondavi, restaurateur Alice Waters, and culinary historian Joyce Toomre.

Membership inquiries may be sent to the Institute's temporary office at 655 Sutter Street, San Francisco, Ca. 94102.

PERIODICAL NEWS

PETITS PROPOS CULINAIRES

Petits Propos Culinaires is a journal which appears three times a year dealing with food, cookery, and cookery books. Book Reviews and Notes and Queries are also regular features, the latter serving as a forum for reports on work in progress and for questions which readers may be able to answer. All issues are illustrated in black and white with drawings specially commissioned for PPC and with reproductions from title pages from old cookery books, woodcuts, engravings, etc. A small number of recipes are also included. A table of contents from a recent issue is reproduced below. Subscription information is available from (for the U.S.): (Ms.) Matt Lewis, 335 Greenwich St. 12B, NY, NY 10013. European subscriptions are handled through one of three offices: Prospect Books, 45 Lamont Road, London SW10 0HU; Philip Hyman, 10 Rue du Roi de Sicile, 75004, Paris, France; and Brigit Siesby, I. H. Mundtsvej 4B, 2830 Virum, Denmark. Current US rates are \$18.00 for three issues.

Petits Propos Culinaires 8

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C. Anne Wilson
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Petits Propos Culinaires is published by Prospect Books which has published Traditional Recipes of Laos by Phia Sing, Indonesian Food and Cookery by Sri Owen, Cook and Entertain the Burmese Way by Mi Mi Khaing, and Antiquitates Culinariae by The Reverend Richard Warner. A new series, Household and Cookery Books, has produced A Short-Title Catalogue of Household and Cookery Books Published in the English Tongue 1701-1800 by Virginia MacLean. Inquiries and orders should be addressed to: Prospect Books, 45 Lamont Road, London SW10 0HU, England or through the US distributor: The Univ Press of Virginia, Charlottesville, VA 22903.

course outline

Following is a course outline for "Food and Culture" (Anthropology 254/354) taught by Dr. Renee Valeri at the University of Chicago in spring, 1982.

I. Food Habits Research/Culinary Anthropology/Nutritional Anthropology/ Ethno-hoptology.

Early Research - Sources and Fieldwork Methods - Methodology

Required readings: A.I. Richards, Hunger and Work in a Savage Tribe, (1932) Intro. by Malinowski and Chapt. 1 YR 1865.
Richards, A.I. & Widdowson, EM, a Dietary Study in Northern Rhodesia, in Africa 1936;166-196

Montgomery, E. and Bennett J.W.: Anthropological Studies of Food and Nutrition: The 1940s and the 1970s, in The Uses of Anthropolgy, ed. W. Goldschmidt, 1979:124-44. YM 3383, GN 397.5.V84.

Le Gros Clark, F.: Food Habits as a Practical Nutritional Problem, in World Rev. of Nutr. and Dietetics 9:56-84 YC 2963

Fitzgerald. T.K. ed., Nutrition and Anthropology in Action, pp. 1-34, 62-78. GN 407.N94.

Recommended readings:

Firth, R., A Sociological Study of Native Diet, in Africa, 1934 401-14, DT1.A25, YF 2199.

Committee on Food Habits. The Problem of Changing Food Habits. Nat. Res. Council Bull. 108, 1943, Q11.N 246 (Eck.) no.108.

Committee on Food Habits, Manual for the Study of food habits, Nat. Res. Council Bull. 111, 1945. Q11. N246 no. 111

Eggan, F. and M. Pijoan, Some Problems in the Study of Food and Nutrition, in American Indigena (1943)3:9-22 E51. A45.

Jerome, N. On Determining Food Patterns of Urban Dwellers in Contemporary U.S. Society, in Gastronomy, The Anthropology of Food and Food Habits, M. Arnott ed., 1976, pp. 91-111. GN 407. G26, YJ 1409.

II. Environmental Factors Affecting Food Habits (Techno-economy, ecology). The "Basic Dichotomies": Hunger/Overnutrition, Fast/Feast, Everyday Food/ Conspicuous Consumption, Staples/ Relishes.

Required readings: Chang, K.C. ed., Food in Chinese Culture, Anthropological and Historical Perspectives, pp. 3-21, 143-58, 195-203, 344-53. GT 2853 .C6 F68

Den Hartog, P. and Bornstein, A., Social Science, Food and Nutrition, in Development from Below: Anthropologists and Dev. Situations, D.C. Pitt. ed., 1976:97-123. GN 397 .5 .D48, YD 2246.

Sahlins, M., Stone Age Economics, 1972:1-39 GN 489.517, YS 3285.

Katona-Apte, J., Dietary Aspects of Acculturation., in Gastronomy 1975, pp. 315-25, GN 407. G26.

Shack, W., Hunger, Anxiety and Ritual: Deprivation and Spirit Possession Among the Gurage of Ethiopia, in Man (1971)6:30-43 GN1.M261 YS 3887.

Young, M. Fighting with Food, 1971, pp. 146-88 DU 580. Y 74.

Levi-Strauss, C., The Culinary Triangle, in Partisan Review(1966) 33:586-595. YL 2551.

Lehrer, A., Semantic Cuisine, in J. of Linguistics(1969) 14:155-71 YL 2568.

Recommended readings: Firth, Rosemary, Housekeeping Among Malay Peasants, 2nd ed. 1966, pp.1 and 58-71 DS 598 .K3F5 1966.

Knutsson, K-E. and R. Selinus, Fasting in Ethiopia: An Anthropological and Nutritional Study, in Am. J. Clin. Nutr. (1970) 23:956-69, RM 214. A55, YK 2316.

Piddocke, S. The Potlatch System of the Southern Kwakiutl: A New Perspective, in Southwest. J. Anthro. (1965)21:244-64. YP 2222

Chang, K.C. ed. Food in Chinese Culture, 1977, GT 2853.C6F68.

Powdermaker, H. Feasts in New Ireland: The Social Function of Eating. in Am. Anthro. (1932) 34:236-47 GN1.A51, YP 2221

III. Food as Communication. Exchanges - Sharing - Commensality/Refusal of Commensality.

Food as a linking, identifying or distancing factor.

Required reading: Anderson, J.A., Thanksgiving in the USA - The Meal as Medium and Message, in Ethnologische Nahrungsforchung eds., N. Valonen and J. Lehtonen 1975:9-13. YA 2167.

Arnott, M., Thanksgiving Dinner. A Study in Cultural Heritage. in Ethnologische Nahrungsforchung 1975:15-27. YA 2166.

Bennett, J., Food and Social Status in a Rural Society. in Am. Sociol. Rev. (1943)8:561-69 HM1.A58, YB3922.

Bennett, J., H. Smith and H. Passin, Food and Culture in Southern Illinois, Am. Sociol. Rev. (1942)7:645-60. HM1.A58, YB 3921.

Henry, J., The Economics of Pilaga Food Distribution. In Am. Anthro. (1951)53:187-219. GN1.A51.

Marriott, M., Caste Ranking and Food Transactions: A Matrix Analysis in Structure and Change in Indian Society, M. Singer and B. Cohn eds. 1968, 133-71. YM 308.

Valeri, R., Study of Traditional Food Supply in Southwestern France. in Ethnol. Scan., 1971:86-95, GN1.E8. YV 410.

Recommended reading: Ferchiou, S., Différentiation Sexuelle au Djérid, in l'Homme, 1968 pp 64-68. GN1. H65.

Geertz, C., The Slamatan, in The Religion of Java, pl1-13, DU740.42.B28.

Verdier, Y. Repas Bas-normands in l'Homme, 1967 GN1.H65

Mayer, A., Caste and Kinship in Central India 1960 pp.33-40 DS422.C3 M47.

Khare, R.S. The Hindu Hearth and Home, 1976 pp.243-263.GT 2853 .I5K45.

IV. Cultural Food Classifications. Foods With Symbolic Value.
a) Preferences - Valorizations - Avoidances - Taboos.

Required reading: Douglas, M., Implicit Meanings, 1975:Ch.17, "Self-evidence" pp.276-318. GN304.074.

Gade, D., Horsemeat as Human Food in France, in Ecol. Food Nutr. 91976)5:1-11. YG 2571.

Sahlins, M., Culture and Practical Reason, 1976. Ch.4(pp.170-76). GN345.517.

Tambiah, S., Animals Are Good to Think and Good to Prohibit, in Ethnology(1969)8:423-59. YT1282.

Recommended reading: Barth, F., Ritual and Knowledge among the Baktaman of New Guinea, 1975:172-179. DU740.42.B28.

Leach, E., Anthropological Aspects of Language in New Directions in the Study of Language, ed. Lenneberg, E., 1964:23-63. LB 1139.L3 L56.

Fenton, A., and T. Owen eds., Food in Perspective (1981) pp.165-70, 325-32. W174168.

b) Balancing Different Foods in Order to Achieve and Maintain Health.

Required reading: Chang, K.C. Food in Chinese Culture 1977 pp. 225-234, 366-370.

Cosminsky, S., Changing Food and Medical Beliefs and Practices in A Guatemalan Community, in Ecol. Food Nutr.(1975)4:183-91. YC 2849.

de Gonzalez N., Beliefs and Practices concerning Medicine and Nutrition Among Lower-Class Urban Guatemalan, in Am. J. Publ. Health(1964)54:1726-34 YG 2562.

Nutrition and Anthropology in Action(1977) pp.141-155, 177-23 GN407.N94.

Logan, M., Anthropological Research on the Hot-Cold Theory of Disease, in Med. Anthropol.(1977)1:87-112 GN221.M48, YL2686.

Recommended reading: Ferro-Luzzi, G., Food Avoidances of Pregnant Women in Tamilnad, in Ecol. Food Nutr. (1973)2:259-66.

_____, Food Avoidance of Indian Tribes, Anthropos. 1975 70:385-427.

Foster, G., Humoral Traces in U.S. Folk Medicine in Med. Anthro. Newsletter(1979)10:2 pp.17-20 YF 2214

Madsen, W., Hot and Cold in the Universe of San Francisco Tecospa, in J. Am. Folklore(1955)68:123-39 YM3231

Molony, C., Systematic Valence Coding of Mexican "hot-cold" food, in Ecol. Food Nutr. (1975)4:67-74.

c) Food-Values in Our Own Culture.

Required reading: Barthes, R., Mythologies, 1957. Chs: "Wine and Milk," "Steak and French Fries", "Ornamental Cooking". YB 3925 YB 3924.

Barthes, R., Toward a Psychosociology of Contemporary Food Consumption, in European Diet, E and R Forster eds. (1975) pp.47-59. YB 3909.

Douglas, M. Deciphering a Meal, in Daedalus (1972) 101:61-81, KA1.D18 or in "Implicit Meanings" GN 304.D74.

Douglas, M., Food as an Art Form, in Studio International (1974) 188:83-88. YD 2242.

Jerome, N., American Culture and Food Habits, in Dimensions of Nutrition, ed. Dupont, 1969, pp.223-34.

Kandel, R., and Pelto, G., Health Food Movement, in Nutritional Anthropology, eds. Kandel. Pelto and Jerome (1980) p. 327-63. YK 2417, GN 407.N95.

New, P., and R. Priest. Food and Thought: A Sociologic Study of Food Cultists, in J. Am. Diet. Assn. (1967) 51:13-18. RM 214.A53, YN1449

Rozin, E. and P., Some Surprisingly Unique Characteristics of Human Food Preferences, in Food in Perspective (1981) pp.243-254 W. 174168, YR 2426.

Schafer, R., and Yetley, E.A., Social Psychology of Food Faddism: Speculations on Health Food Behavior, in J. Am. Diet. Assn. (1975) 66:129-33. RM 214.A53, YS 4084.

V. Case-Studies.

Hugh-Jones, C., From the Milk-River. (1979) pp.169-233. F2520.1. T9H830.

Cussler M.De Give, M., Twixt the Cup and the Lip, 1952. GT 2860.C94.

Valeri, R., Le confit et son rôle dans l'alimentation traditionnelle du Sud-Ouest de la France. 1977. GR 225.A2L91 no. 19-21.



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Our thanks to those of you who took the time to complete our questionnaire. Summaries of publications, dissertations, organizational affiliations, etc. will appear in future issues.

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