

**TEACHERS INSTITUTE OF PHILADELPHIA
UNIVERSITY OF PENNSYLVANIA**

**From West Africa to West Philadelphia:
Cultural Routes to Common Ground**

**Tuesdays, 4:30-6:30
Bennett Hall 320**

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OVERVIEW

Since the colonial period, Philadelphia has been home to diverse communities with African ethnic and cultural roots. In the city and the surrounding Delaware Valley we find touchstones to every stage of the still-unfolding history of the Black Atlantic: from Congo Square (now Washington Square) to well-known sites of the Underground Railroad, from Merion Cemetery to the theater districts of North Broad Street and West Philadelphia's Fifty Second Street, down to the West African and Caribbean ethnoscares emerging on Woodland and Lancaster Avenues today. The premise of this seminar is that the mixing, and brilliant fusions, of African cultural ideas with British, Spanish, French, Dutch, Portuguese and Native American ideas, so distinctive to the Black Atlantic, finds continuing expression in the streets, churches, marketplaces, playgrounds, and neighborhoods of west and southwest Philadelphia. In this seminar we will examine key historical and ethnographic writings on the development of African-based cultural forms in the New World. Then, turning to your experience and observations, and those of your students, we will "groundtruth" this scholarship in West Philadelphia. Our goal is to generate curricula that builds on the shared and distinctive aspects of West Philadelphia's African-derived cultural life.

Texts (ordered through Penn Book Center, at 34th and Sansom):

Roger D. Abrahams, 1985. *African American Folktales: Stories from Black Traditions in the New World*. New York, Pantheon.

Kathryn Morgan, 1980. *Children of Strangers: The Stories of a Black Family*. Philadelphia, Temple University Press.

Robert Farris Thompson 1984. *Flash of the Spirit: African and Afro-American Art and Philosophy*. New York, Vintage.

Shane White and Graham White 1998. *Stylin': African American Expressive Culture: From Its Beginnings to the Zoot Suit..* Ithaca, Cornell University Press.

Shane White and Graham White, 2005. *The Sounds of Slavery*. Boston: Beacon Press.

Recommended:

Roger D. Abrahams. 1992. *Singing the Master: The Emergence of African American Culture in the Plantation South*. New York: Pantheon.

Roger D. Abrahams. 1983. *The Man-of-Words in the West Indies: Performance and the Emergence of Creole Culture*. Baltimore: Johns Hopkins University Press.

Anne L. Bower, ed. 2007. *African-American Foodways: Explorations of History and Culture*. Urbana: University of Illinois Press.

Melville Herskovits. 1990 [1941]. *The Myth of the Negro Past*. Boston: Beacon Press.

Mary Hufford, Marjorie Hunt, and Steven Zeitlin. 1987. *The Grand Generation: Memory, Mastery, Legacy*. Washington, D.C.: Smithsonian.

David F. Lancy. 1996. *Playing on the Mother-Ground Cultural Routines for Children's Development*. New York: Guilford Press.

For further reading and exploration on your own, please see the attached guide to bibliographic and online resources, a work in progress, to which you will be contributing!

Course Blackboard Site:

I will post required and supplementary readings and links to audio and visual recordings on a course blackboard site. To get to this site, you will need your Penn ID and password to log on at: <https://courseweb.library.upenn.edu/>

Rosengarten Reserve Reading Room:

I will place a set of reference books on reserve in the Rosengarten Reading Room of Van Pelt Library, and will post a list of these books to the course blackboard site.

The Africana Studies Seminar Room

This seminar room is on the third floor of Van Pelt Library, along the eastern wall. It's a great place to go and browse the stacks and work in relative seclusion.

The University Museum Library

This library, containing a wealth of ethnographic studies and journals relating to West Africa, is located on the third floor of the University Museum, at 34th and Spruce Streets. You can use the main entrance on Spruce when the Museum is open, or the entrance on the eastern side if the main entrance is closed.

To check on Library Hours, which vary from one library to another, go to:

<http://www.library.upenn.edu/>

The Folklore Archive

Penn's Folklore Archive is located at 3619 Locust Walk, on the 4th floor. It contains seminal studies on a number of African, Caribbean, and Afro-American folklore topics, and is also a good place to work. The recorded sound collection contains hundreds of recordings made in the Caribbean and the Caribbean diaspora in the 1950s, 60s, 70s, and 80s. To browse the inventories of these collections, go to

http://www.sas.upenn.edu/folklore/grad_program/handbook/archive.html, scroll down to

special collections, and click on Roger Abrahams, Jacob Elder, Jane and Horace Beck, MacEdward Leach, or Karl Signell. To visit the archive, please e-mail me, and I will open it for you during a time that is mutually convenient.

Schedule of Readings and Topics

Jan. 15: Introduction, orientation, and preliminary meeting

Jan. 29 – Feb 19: Read the articles posted to the blackboard site, beginning with Holloway, Thompson, Robinson, Hall, and Szwed and Abrahams. Please keep a running journal, noting your responses. What rings true and what doesn't? What surprises or insights do the readings offer you? What, in your experience contradicts or supports the authors' argument? Bring your notes to class.

Feb. 19: Curriculum Unit topic, draft prospectus and unit reading list due.

Thresholds to the Black Atlantic I: The Spoken Word

Feb. 26: Conversational Styles and Genres

Read: Abrahams, "Black Talk as Art," *Black America*

Abrahams, "Playing the Dozens," *Mother Wit from the Laughing Barrel*

Folly, "Proverbs and Proverbial Expression in an African American Family."

Celebration of American Family Folklore

Holloway, "Africanisms in African American Names," *Africanisms in American Culture*

Labov, "Toasts," *Mother Wit from the Laughing Barrel*

Mitchell-Kernan, "Signifying," *Mother Wit from the Laughing Barrel*

Mar. 4: Forms and Functions of Narration

Read: Lancy, "Cultural Routines for Children's Development," and "The Kwii Way,"

Playing on the Mother Ground

Abrahams, "Preface," pp. xv-xxii; "Introduction," pp. 1-35; and introductions to parts I-VII, in *African American Folktales*

Morgan, *Children of Strangers*.

Anderson, "Inner City Black Grandmothers in Transition," *Code of the Street*

Reflect: How do different genres of storytelling relate to differences in social and economic organization cited by Lancy? How do the genres of stories reflect historical, geographic, and social changes in the communities of tellers? Do the functions of storytelling change as well?

Bring: Map of school neighborhood marked with locations of African and African American cultural scenes. Identify the scenes and indicate on a separate page what kinds of cultural routines are orchestrated through verbal communication and who participates?

Mar. 11: NO CLASS – Penn Spring Break

Mar. 18: NO CLASS – Meet individually with seminar leader to discuss unit.

Mar. 25: Field Trip to Evamos West African Restaurant

Read: Booklet on Liberian Stories and Foodways

*******(First draft of Curriculum Unit due)*******

Apr. 1: Roots of African-American Verbal Art in the Plantation South

Read: White and White, *The Sounds of Slavery* (chapters 5-8) and listen to related sound tracks at www.beacon.org/soundsofslavery

Abrahams, chapters 1, 4 and 5 of *Singing the Master*

Pierson, "African Satire in the New World," in *African Folklore in the New World*

Recommended: Abrahams, *The Man-of-Words in the West Indies*

Bring: List of kinds of verbal cultural routines observed in West Philadelphia (from one of your cultural scenes, if possible) that relate to examples cited in the readings. Choose one example and account for similarities and differences between what you've observed and what is described in the readings.

Thresholds to the Black Atlantic II: Music and Dance

Apr. 8: Reciprocities in Motion

Read: White and White, *Stylin' Out*, pp. 63-179 (Chapters 3-6)

View: Steppin' (55 minute film) <http://www.folkstreams.net/film,134>

Pizza Pizza Daddy-O (17 minute film) <http://www.folkstreams.net/film,73>

Bring: Updated neighborhood maps and lists, including sites where songs, musical performance, games, rhythms, and forms of dance happen.

Apr. 15: Rhythms and Blues (Guest Speaker)

Read: Evans, "Blues," in *Encyclopedia of American Folklore*

Finnegan, "Drum Literature."

White and White, *Sounds of Slavery*, chapters 3 and 4 and listen to related recordings at www.beacon.org/soundsofslavery

Thresholds to the Black Atlantic III: Material Culture

Apr. 22: Ecologies of the Visible and Invisible

Read: Thompson, "Round Houses and Rhythimized Textiles," in *Flash of the Spirit*, pp. 193-223.

Thompson, "Kongo Influences on African American Artistic Culture," in *Africanisms in American Culture*.

View: "Quilts in Women's Lives" 28 minutes <http://www.folkstreams.net/film,37>

Slides of African American Quilts posted on Blackboard

*******(Second draft of Curriculum Unit due)*******

Apr. 29: Ecologies, cont.

Read: White and White, Chapters 1-2, and 7-8, in *Stylin'*.

View: Hair Stories, by Yvette Smalls

Bring: Updated neighborhood maps indicating locations of sites where material culture of the Black Atlantic is displayed, produced, consumed, celebrated: murals, fashion, food, gardens, props for playscapes, and so forth. Note your questions and ideas about their meanings based on what you've learned from the readings so far.

May 6: Final seminar meeting

May 13 and 20: Reading and writing period; individual meetings with seminar leader.

May 27: Plenary Group Gathering at 4:30, location TBA

June 14: Deadline for completed curriculum unit.

July 7: Evaluations due

July 25: Seminar leader's introduction to curriculum units due.

From West Africa to West Philadelphia: Cultural Routes to Common Ground

Preliminary Working Guide to Bibliographic and Online Resources

History and Culture of the African Diaspora

Abrahams, Roger D. (1992). *Singing the Master: The Emergence of African American Culture in the Plantation South*. New York, Pantheon Books.

Abrahams, Roger D. and John F. Szwed (1975). *Discovering Afro-America*. Leiden, Netherlands, E.J. Brill.

Abrahams, Roger D. and John F. Szwed (1983). *After Africa: Extracts from British Travel Accounts and Journals of the Seventeenth, Eighteenth, and Nineteenth Centuries concerning the Slaves, their manners, and Customs in the British West Indies*. New Haven, Yale University Press.

Abrahams, Roger D., with Nick Spitzer, John Szwed, and Robert Farrar Thompson (2007). *Blues for New Orleans: America's Creole Soul*. Philadelphia, University of Pennsylvania Press.

Bower, Ann L. (2007). *African American Foodways: Explorations of History and Culture*. Urbana, University of Illinois Press.

Crowley, Daniel J. (1977). *African Folklore in the New World*. Austin, University of Texas Press.

Gilroy, P. (1993). *Black Atlantic: Modernity and Double Consciousness*. Cambridge, Harvard University Press.

Gordon, Edmund T. and Mark Anderson (1999). "The African Diaspora: Toward an Ethnography of Diasporic Identification." *Journal of American Folklore* **112**: 282-96.

Herskovitz, Melville J. 1990 [1941]. *The Myth of the Negro Past*. Boston: Beacon Press.

Hill, D. R. (2007). *Caribbean Folklore: A Handbook*. Westport, CT, Greenwood Press.

Holloway, J. E. (1990). *Africanisms in American Culture*. Bloomington, Indiana University Press.

Levine, Lawrence. 2007 [1977]. *Black Culture and Black Consciousness: Afro-American Folk Thought from Slavery to Freedom*. New York: Oxford University Press.

Marable, Manning and Leith Mullings, eds. (2000). *Let Nobody Turn Us Around: Voices of Resistance, Reform, and Renewal: An African-American Anthology*. New York, Rowman and Littlefield.

Mintz, Sidney W. (1999). *Caribbean Transformations*. Piscataway, NJ, Transaction Press.

Perdue, Charles L. et al, eds. (1976). *Weevils in the Wheat: Interviews with Virginia Ex-Slaves*. Charlottesville, University of Virginia.

Roberts, John (1995). African American Diversity and the Study of Folklore. *Fields of Folklore*. R. Abrahams. Bloomington, Trickster Press: 214-26.

Robinson, Beverly J. (2005). "Africanisms and the Study of American Folklore." In *Africanisms in American Culture*, ed. Joseph Holloway. Bloomington, Indiana University Press: 356-371.

Rogozinski, I. (1999). *A Brief History of the Caribbean: From the Arawak and Carib to the Present*. New York, Penguin Putnam.

Szwed, John and Roger Abrahams (1977). After the Myth: Studying Afro-American Cultural Patterns in the Plantation Literature. *African Folklore in the New World*. D. J. Crowley. Austin, University of Texas Press.

Thompson, Robert Farris. *Flash of the Spirit: African and Afro-American Art and Philosophy*. New York, Vintage.

Waters, Donald J. ed. 1983. *Strange Ways and Sweet Dreams: Afro-American Folklore from the Hampton Institute*. Boston: G.K. Hall and Company.

White, Shane and Graham White (1998). *Stylin': African American Expressive Culture*. Ithaca, Cornell University Press.

White, Shane and Graham White (2005). *The Sounds of Slavery: Discovering African American History through Songs, Sermons, and Speech*. Boston, Beacon Press.

Philadelphia-Based Studies

Anderson, Elijah (1999). *Code of the Street: Decency, Violence and the Moral Life of the Inner City*. New York, W.W. Norton.

Bell, M. J. (1983). *The World from Brown's Lounge: An Ethnography of Black Middle-Class Play*. Urbana, University of Illinois Press.

Beresin, A. (1993). The Play of Peer Cultures in a City School Yard: "Reeling," "Writhing," and "A Rhythmic Kick." PhD Dissertation. Philadelphia, University of Pennsylvania.

Blockson, C. L. (2000). *Black America Series: Philadelphia 1639-2000*. Charleston, S.C., Arcadia Publishing.

Davis, Susan (1989). *Parades and Power: Street Theater in 19th Century Philadelphia*. Berkeley, University of California Press.

DuBois, W.E.B. 1996 [1899]. *The Philadelphia Negro: A Social Study*. Philadelphia, University of Pennsylvania Press.

Gautsche, E. (2007). Jamaican West Philadelphia. Student Paper. Philadelphia, University of Pennsylvania Folklore Archive.

Hufford, Mary (1979). *A Tree Smells Like Peanut Butter: Folk Artists in a City School*. Trenton, NJ, New Jersey State Council on the Arts.

Kodish, Deborah ed. (1997-2007). *Works-in-Progress*. Philadelphia: Philadelphia Folklore Project.

Morgan, Kathryn L. (1980). *Children of Strangers: The Stories of a Black Family*. Philadelphia: Temple University Press.

Nash, Gary B. (1988). *Forging Freedom: The Formation of Philadelphia's Black Community 1720-1840*. Cambridge, Harvard University Press.

Schillhorn van Veen, Anita (2004). Immigrant Philadelphia: From Cobblestone Streets to Korean Soap-Operas. Philadelphia, Welcoming Center for New Pennsylvanians.

Language Structures and Communication Styles

Asante, Molefi Kete (2005). "African Elements in African American English." In *Africanisms in American Culture*, ed. Joseph E. Holloway. Bloomington, Indiana University Press: 65-81.

Condon, William S. (1980). The Relation of Interactional Synchrony to Cognitive and Emotional Processes. *The Relationship of Verbal and Nonverbal Communication*. M. R. Key. The Hague, Mouton: 67-76.

Fine, Gary Alan and Patricia A. Turner. 2001. *Whispers on the Color Line: Rumor and Race in America*. Berkeley: University of California Press.

Holloway, Joseph (2005). "Africanisms in African American Names in the United States." In *Africanisms in American Culture*, ed. J. Holloway. Bloomington, Indiana University Press: 82-110.

Smitherman, Geneva 2000. *Black Talk: Words and Phrases from the Hood to the Amen Corner*. New York, Houghton Mifflin.

Thompson, Robert Farris. (2005). "Kongo Influences on African American Artistic Culture." In *Africanisms in American Culture*, ed. Joseph Holloway. Bloomington, Indiana University Press: 283-325.

Turner, Patricia A. (1993). *I Heard It Through the Grapevine: Rumor in African-American Culture*. Berkeley: University of California Press.

White, Shane and Graham White (1998). *Stylin': African American Expressive Culture*. Ithaca, Cornell University Press.

Verbal arts

Abrahams, Roger D. (1970). "Rapping and Capping: Black Talk as Art." In *Black America*, ed. John F. Szwed. New York, Free Press; pp. 132-142.

Abrahams, Roger D. (1973). "Playing the Dozens." In *Mother Wit from the Laughing Barrel: Readings in the Interpretation of Afro American Folklore*, ed. Alan Dundes. Englewood Cliffs, Prentice-Hall: 295-309.

Abrahams, Roger D. (1983). *The Man-of-Words in the West Indies: Performance and the Emergence of Creole Culture*. Baltimore, Johns Hopkins University Press.

Abrahams, Roger D. (1985). *African American Folktales: Stories from Black Traditions in the New World*. New York, Pantheon.

Baer, Florence E. 1980. *Sources and Analogues of the Uncle Remus Tales*. Helsinki: Folklore Fellows Communications.

Dargan, Amanda, and Steven J. Zeitlin (1983). "American Talkers: Expressive Styles and Occupational Choice." *Journal of American Folklore* 96: 3-33.

Dundes, A. (1973). African Tales Among the North American Indians. *Mother Wit From the Laughing Barrel*. A. Dundes. Englewood Cliffs, NJ, Prentice-Hall: 114-25.

Finnegan, Ruth. 1970. *Oral Literature in Africa*. Oxford: Clarendon Press.

Goss, Linda, and Marian E. Barnes, eds. 1989. *Talk That Talk: An Anthology of African-American Storytelling*. New York: Simon and Schuster.

Ibekwe, Patrick., ed. 1998. *Wit and Wisdom of Africa: Proverbs from Africa and the Caribbean*. Trenton: Africa World Press, Inc.

Jemie, Onwuchekwa, ed. 2003. *Yo' Mama! New Raps, Toasts, Dozens, Jokes, and Children's Rhymes from Urban Black America*. Philadelphia: Temple University Press.

Labov, William, Paul Cohen, Clarence Robins, and John Lewis (1973). "Toasts." In *Mother Wit from the Laughing Barrel: Readings in the Interpretation of Afro American Folklore*, ed. Alan Dundes. Englewood Cliffs, Prentice-Hall: 329-347.

Mieder, Wolfgang (2001). "'Do Unto Others as You Would Have Them Do Unto You': Frederick Douglass's Proverbial Struggle for Civil Rights." *Journal of American Folklore* 114: 331-57.

Mitchell-Kernan, Claudia (1973). "Signifying." In *Mother Wit from the Laughing Barrel: Readings in the Interpretation of Afro American Folklore*, ed. Alan Dundes. Englewood Cliffs, Prentice-Hall: 310-328.

Morgan, Kathryn (1973). Caddy Buffers: Legends of a Middle Class Negro Family in Philadelphia. *Mother Wit from the Laughing Barrel*. A. Dundes. Englewood-Cliffs, NJ, Prentice-Hall: 595-610.

Peek, Philip M. (1981). "The Power of Words in African Verbal Arts." *Journal of American Folklore* 94: 19-43.

Piersen, William (1977). Puttin Down Ole Massa: African Satire in the New World. *African Folklore in the New World*. D. J. Crowley. Austin, University of Texas Press.

Prahlad, Sw. Anand. 2001. *Reggae Wisdom: Proverbs in Jamaican Music*. Jackson: University Press of Mississippi.

Prahlad, Sw. Anand. 1996. *African-American Proverbs in Context*. Jackson: University Press of Mississippi.

Santino, John (1983). "Miles of Smiles, Years of Struggle: The Negotiation of Black Occupational Identity Through Personal Experience Narrative." *Journal of American Folklore* 96: 393-412.

Sherzer, Joel (2002). *Speech Play and Verbal Art*. Austin, University of Texas.

Williams, Selase W. (2005). "The African Character of African American Language: Insights from the Creole Connection." In *Africanisms in American Culture*, ed. Joseph Holloway. Bloomington, Indiana University Press: 397-426.

Yankah, Kwesi. (1986). "Proverb Rhetoric and African Judicial Process: The Untold Story." *Journal of American Folklore* 99: 280-300.

Visual Arts

Byrd, Ayana D. and Lori L. Tharps. 2001. *Hair Story: Untangling the Roots of Black Hair in America*. New York: St. Martin's Press.

Castleman, C. (1992 [1982]). *Getting Up: Subway Graffiti in New York*. Cambridge, MA, MIT Press.

Thompson, Robert Farris. (2005). "Kongo Influences on African American Artistic Culture." In *Africanisms in American Culture*, ed. Joseph Holloway. Bloomington, Indiana University Press: 283-325.

Thompson, Robert Farris. 1984. *Flash of the Spirit: African and Afro-American Art and Philosophy*. New York, Vintage.

Celebrations

- Abrahams, Roger D. (1982). "Storytelling Events: Wake Amusements and the Structure of Nonsense on St. Vincent." *Journal of American Folklore* 95: 389-414.
- Abrahams, Roger D. (1994). *Singing the Master: The Emergence of African-American Culture in the Plantation South*. New York: Penguin.
- Largey, M. (2000). "Politics on the Pavement: Haitian Rara as a Traditionalizing Process." *Journal of American Folklore* 113: 239-254.
- Davis, Susan (1989). *Parades and Power: Street Theater in 19th Century Philadelphia*. Berkeley, University of California Press.
- White, Shane. 1989. "Pinkster: Afro-Dutch Syncretization in New York City and the Hudson Valley." *Journal of American Folklore* 102:68-75.
- Wiggins, W. H. (1987). *O Freedom! Afro-American Emancipation Celebrations*. Knoxville, University of Tennessee Press.

Music

- David, Jonathan. 1007. "Together Let Us Sweetly Live." *The Singing Praying Bands*. Urbana, University of Illinois Press.
- Keyes, C. L. (2000). "Empowering Self, Making Choices, Creating Spaces: Black Female Identity via Rap Music Performance." *Journal of American Folklore* 113: 255-269.
- Leland, John. 2004. *Hip: The History*. New York: Harper-Collins.
- Levine, Larry W. (1989). "Jazz and American Culture." *Journal of American Folklore*: 6-22.
- Maultsby, Portia K. (2005). "Africanisms in African American Music." In *Africanisms in American Culture*, ed. Joseph Holloway. Bloomington, Indiana University Press: 326-365.
- Stone, Ruth M. 1981. "Toward a Kpelle Conceptualization of Musical Performance." *Journal of American Folklore* 94:188-206.

Food

- Bower, Ann L. (2007). "Recipes for History: The National Council of Negro Women's Five Historical Cookbooks." In *African American Foodways: Explorations of History and Culture*, ed. Anne L. Bower. Urbana, University of Illinois Press: 153-174.
- Hynes, H. P. (1996). *A Patch of Eden: America's Inner-City Gardeners*. White River Junction, VT, Chelsea Green Publishing.
- Whit, William C. (2007). "Soul Food as Cultural Creation." In *African American Foodways: Explorations of History and Culture*, ed. Anne Bower. Urbana: University of Illinois Press: 45-58.

Williams-Forson, Psyche. (2007). "Chickens and Chains: Using African American Foodways to Understand Black Identities." In *African American Foodways: Explorations of History and Culture*, ed. Anne L. Bower. Urbana, University of Illinois Press: 126-138.

Witt, Doris. (2007). "From Fiction to Foodways: Working at the Intersections of African American Literary and Culinary Studies." In *African American Foodways: Explorations of History and Culture*, ed. Anne L. Bower. Urbana, University of Illinois Press: 101-125.

Zafar, Rafia (2007). "Recipes for Respect: Black Hospitality Entrepreneurs Before World War I." In *African American Foodways: Explorations of History and Culture*, ed. Anne L. Bower. Urbana, University of Illinois Press:139-152.

Healing

Brady, Erika (2001). *Healing Logics: Culture and Medicine in Modern Health Belief Systems*. Logan, University of Utah Press.

Clarke, Leroy, Margaret Fernandez Olmos, and Heidi Holder (2001). My Work is Obeah: An Interview with Poet/Painter LeRoy Clarke. *Healing Cultures: Art and Religion as Curative Practices in the Caribbean and Its Diaspora*, ed. Margeret Fernandez Olmos. New York, Palgrave: 203-209.

du Toit, B. M. (2001). Ethnomedical (Folk) Healing in the Caribbean. *Healing Cultures: Art and Religion as Curative Practices in the Caribbean and Its Diaspora*. Ed. Margaret Fernandez Olmos. New York, Palgrave: 19-28.

Fontenot, W. L. (1994). *Secret Doctors: Ethnomedicine of African Americans*. Westport, CT, Bergin and Garvey.

Hall, Robert L. (2007). "Food Crops, Medicinal Plants, and the Atlantic Slave Trade." In *African American Foodways: Explorations of History and Culture*, ed. Anne L. Bower. Urbana, University of Illinois Press: 17-44.

Hall, Robert L. (2007). "Food Crops, Medicinal Plants, and the Atlantic Slave Trade." In *African American Foodways: Explorations of History and Culture*, ed. Anne L. Bower. Urbana, University of Illinois Press: 17-44.

Mitchem, Stephanie Y. 2007. *African American Folk Healing*. New York: New York University Press.

Olmos, Margaret Fernandez and Lizabeth Paravisina-Gebert. (2001). *Healing Cultures: Art and Religion as Curative Practices in the Caribbean and Its Diaspora*. New York, Palgrave.

Watson, Wilbur H. ed. 1984. *Black Folk Medicine The therapeutic Significance of Faith and Trust*. New Brunswick, NJ: Transaction Books.

Religion and Belief

- David, Jonathan. 1007. "Together Let Us Sweetly Live." *The Singing Praying Bands*. Urbana, University of Illinois Press.
- Davis, Gerald. (1985). *I Got the Word in Me and I Can Sing It , You Know*. Philadelphia, University of Pennsylvania Press.
- du Toit, Brian M. (2001). Ethnomedical (Folk) Healing in the Caribbean. *Healing Cultures: Art and Religion as Curative Practices in the Caribbean and Its Diaspora*. Ed. Margaret Fernandez Olmos. New York, Palgrave: 19-28.
- Frye, Gladys Marie. 1975. *Night Riders in Black Folk History*. Chapel Hill: North Carolina University Press.
- Robinson, Beverly J. (1997). "Faith is the Key and Prayer Unlocks the Door: Prayer in African American Life." *Journal of American Folklore* **110**: 408-414.

Play

- Bell, M. J. (1983). *The World from Brown's Lounge: An Ethnography of Black Middle-Class Play*. Urbana, University of Illinois Press.
- Beresin, A. (1993). The Play of Peer Cultures in a City School Yard: "Reeling," "Writhing," and "A Rhythmic Kick." PhD Dissertation. Philadelphia, University of Pennsylvania.
- Dargan, Amanda and Steven J. Zeitlin (1990). *City Play*. New Brunswick, NJ, Rutgers University Press.
- Elder, J. D. (1964). *Song Games from Trinidad and Tobago*. Port-of-Spain, Trinidad, National Cultural Council.
- Jones, Bessie and Bess Lomax Hawes (1972). *Step It Down: Games, Plays, Songs and Stories from the Afro-American Heritage*. New York, Harper and Row.
- Lancy, D. F. (1996). *Playing on the Mother-Ground: Cultural Routines for Children's Development*. New York, Guilford Press.

Traditional Arts

- Govenar, A. (2001). *Masters of Traditional Arts: A Biographical Dictionary*. Santa Barbara, CA, ABC-CLIO.
- Hufford, Mary, Marjorie Hunt, and Steven J. Zeitlin (1987). *The Grand Generation: Memory, Mastery, Legacy*. Washington, D.C., Smithsonian Institution.
- Rosengarten, Dale (1994). "Sweetgrass is Gold:" Natural Resources, Conservation Policy, and African-American Basketry. *Conserving Culture: A New Discourse on Heritage*. M. Hufford.

Urbana, University of Illinois Press: 152-65

Vlach, John M. and Larry Levine. 1991. *By the Work of Their Hands: Studies in Afro-American Folklife*. Charlottesville: University Press of Virginia.

Some Online Resources

Penn's Folklore Archive is located at 3619 Locust Walk, on the 4th floor. It contains seminal studies on a number of African, Caribbean, and Afro-American folklore topics, and is also a good place to work. The recorded sound collection contains hundreds of recordings made in the Caribbean and the Caribbean diaspora in the 1950s, 60s, 70s, and 80s. To browse the inventories of these collections, go to

http://www.sas.upenn.edu/folklore/grad_program/handbook/archive.html, scroll down to special collections, and click on Roger Abrahams, Jacob Elder, Jane and Horace Beck, MacEdward Leach, or Karl Signell. To visit the archive, please e-mail me, and I will open it for you during a time that is mutually convenient.

The Center for Folklore and Ethnography webpages

<http://www.sas.upenn.edu/folklore/center/index.html> contain links to research projects conducted in Philadelphia communities, including elderly Liberian refugees in southwest Philadelphia http://www.sas.upenn.edu/folklore/center/service_learning.html and the Village of Arts and Humanities in North Central Philadelphia <http://www.sas.upenn.edu/folklore/center/village.html>.

Library of Congress Geography and Maps online. For historic maps of West Africa and the Caribbean, go to <http://memory.loc.gov/ammem/gmdhtml/gnrlmapPlaces01.html>

Smithsonian Folkways Global Sound archive. For downloadable mp3s of recordings go to <http://www.smithsonianglobalsound.org/>

Folkstreams videos of traditional artists and performers, including several that will be assigned for this class. To download and watch go to <http://www.folkstreams.net/>

Philadelphia Folklore Project, in West Philadelphia, offers information about local traditional performers and artists, including African Americans as well as immigrants from Africa and the Caribbean along with related publications and videos on its website. Go to <http://www.folkloreproject.org/>

At the University of Pennsylvania there are a number of websites with information on a wide variety of resources, as well as upcoming events and links to related sites that may be of interest, including:

The Africana Studies Center <http://www.sas.upenn.edu/africana/home.html>

The African Studies Center <http://www.africa.upenn.edu/>

Online classroom resources for K-12 lessons on Africa

http://www.africa.upenn.edu/K-12/menu_EduMEDI.html

The website of the partners in planning for West Philadelphia (includes maps, lists of community resources, and the Philadelphia Planning Commission's plan for West Philadelphia) <http://www.penn-partners.org/wp/>

The University Museum of Anthropology and Archeology collections include many artifacts from West Africa. For a description of some of the artifacts on display in the galleries go to <http://www.museum.upenn.edu/new/exhibits/galleries/africa.html>